

Activities at Westin Maldives

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:15AM - 8AM Sunrise Yoga Yoga Pavilion	7:30AM - 8AM Run Westin WestinWORKOUT	7:15 AM - 8AM Fitness on The Beach WestinWORKOUT Beach	7:15AM - 8AM Sunrise Yoga Yoga Pavilion	9AM - 7.30PM Lacquer Artist Island Kitchen	7:15AM - 8AM Sunrise Yoga Yoga Pavilion	10AM - 11AM Coconut Hunt Westin Family Kids Club
10AM - 10.45AM DIY Face mask Heavenly Spa	11AM - 11.30AM Billiard Tournament Island Kitchen	11AM - 12PM Table Tennis Tournament WestinWORKOUT	11AM - 12PM Carrrom Lesson WestinWORKOUT	11AM - 11:30AM Aqua Aerobics Island Kitchen Pool	11AM - 11:45AM Cardio Workout WestinWORKOUT	10AM - 11AM Kids Tennis Tennis Court
11AM - 11:30AM Aqua Aerobics Island Kitchen Pool	11AM - 4PM Gin Journey Chargeable Beach Bar	11AM - 11:30AM Aqua Yoga Island Kitchen Pool	11:15AM - 11:45AM Kids Yoga Westin Family Kids Club	11AM - 12PM Chess Lesson WestinWORKOUT	11AM - 12PM Table Tennis Tournament WestinWORKOUT	10:15AM - 11AM Tabata Class WestinWORKOUT
11AM - 12.30PM Outbound Snorkel Trip Chargeable Dive Center	3PM - 3.45PM Make Your Own Body Scrub Heavenly Spa	3PM - 3.30PM Elite Appreciation Cocktails Beach Bar	12PM - 12.30PM Eat Well Cooking Demonstration Island Kitchen	3.15PM - 4PM Full Body Workout WestinWORKOUT	11AM - 12.30PM Outbound Snorkel Trip Chargeable Dive Center	11AM - 12PM Coconut Painting Westin Family Kids Club
11.30AM - 12PM Maldivian Cooking Demonstration Island Kitchen	3PM - 4PM Pizza Making Westin Family Kids Club	2.30PM - 5PM Turtle Snorkel Trip Chargeable Dive Center	11AM - 12.30PM Outbound Snorkel Trip Chargeable Dive Center	3PM - 4PM Cupcake Decorating Westin Family Kids Club	11AM - 4PM Tropical Piña Colada Chargeable Island Kitchen Pool	3:15PM - 4PM Breath Workout Yoga Pavilion
12PM - Onwards Pool Party Chargeable Island Kitchen Pool	4PM - 4.30PM Wine Tasting Library	4PM - 5PM Shell Art Westin Family Kids Club	12PM - Onwards Pool Party Chargeable Island Kitchen Pool	2.30PM - 5PM Turtle Snorkel Trip Chargeable Dive Center	3PM - 4PM Face Painting Westin Family Kids Club	2.30PM - 5PM Turtle Snorkel Trip Chargeable Dive Center
4PM - 4:45PM Zumba Class WestinWORKOUT	5PM - 6PM Social Tennis Tennis Court	4:30PM - 5:30PM Petanque WestinWORKOUT Beach	3PM - 4PM Mocktail Making Westin Family Kids Club	5PM - 6PM House Reef Snorkel Dive Center	4PM - 5.30PM Wine Gazing Wine Cellar	4.30PM - 5.30PM Petanque WestinWORKOUT Beach
4PM - 5PM Crafting Dreamcatchers Westin Family Kids Club	5PM - 6PM Marine Biology Presentation Dive Center	6PM - 6.45PM Sunset Yoga Yoga Pavilion	3.15PM - 4PM Abs Workout WestinWORKOUT	6PM - 6.45PM Sunset Yoga Yoga Pavilion	4PM - 4:45PM Boot Camp WestinWORKOUT Beach	6PM - 6:45PM Sunset Yoga Yoga Pavilion
5PM - 6PM House Reef Snorkel Dive Center	6PM - 8PM Sunset Fishing Chargeable Dive Center	7PM - 8PM Cocktail Masterclass Chargeable Sunset Bar	3.30PM - 5PM Coral Propagation Dive Center	6:30PM - 7:30PM Petanque Island Kitchen Beach	6PM - 6.45PM Run Westin WestinWORKOUT	
5PM - 5:45PM Cross Fit WestinWORKOUT	6PM - 8.30PM Beach BBO Chargeable Hawker	7PM - 10.30 Arabic Mezze & Grill Chargeable Island Kitchen	4.30PM - 5.30PM Petanque WestinWORKOUT Beach	6.30PM - 7.30PM Marriott Bonvoy Mixer Island Kitchen Deck	6PM - 8PM Sunset Fishing Chargeable Dive Center	
5.30PM - 7PM Sunset Dolphin Quest Chargeable Dive Center			5.30PM - 7PM Sunset Dolphin Quest Chargeable Dive Center	7PM - 10.30PM Maldivian Night Island Kitchen	6PM - 8.30PM Beach BBO Chargeable Hawker	
7PM - 10.30PM India on a Platter Chargeable Island Kitchen			6PM - 8.30PM Beach BBO Chargeable Hawker	8PM - 8.30PM Yoga Nidra (To aid better sleep) Yoga Pavilion		
10PM - 12AM Bollywood Night Chargeable Sunset Bar			7PM - Onwards Wine Dinner Chargeable Hawker Beach	8.30PM - 9PM Boduberu Island Kitchen		