

# ACTIVE

BROCHURE



## YOUR TROPICAL ISLAND ADVENTURES

Are you a game lover at heart? Well, you've come to the right place! For those who love an adrenaline rush, our motorised activities will not disappoint. But if you're looking for something a little less wild, our non-motorised activities will still get your heart pumping!

Our Nature's Playground is a game heaven that will satisfy your every gaming desire. With a variety of options, both digital and in-person, you'll find endless hours of fun and friendly competition. Get your game face on and challenge your friends and family to a game of pool billiards - show off your slick moves and impress everyone with your skills. Or, if you're up for a sweat, why not try your hand at table tennis? It's sure to have you panting in no time! If you're more of a traditionalist, we've got you covered too.

With foosball, carrom, mahjong, and board games, your entertainment options are limitless. And last but not least, immerse yourself in the ultimate gaming experience with the latest games on the PS5 and Xbox consoles - you'll be on the edge of your seat for hours on end!

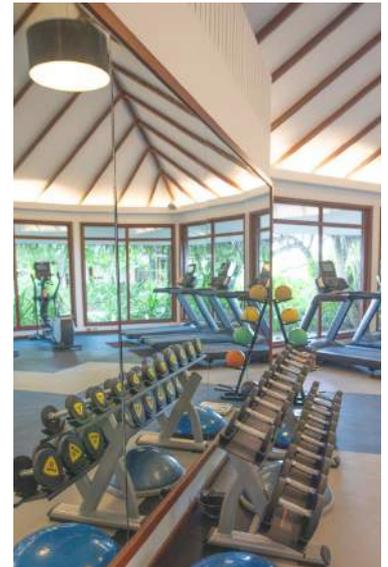


# FITNESS & RECOVERY

## Get active at PUMP Gym by NIYAMA

It is our state-of-the-art gym, set against the idyllic backdrop of the vibrant turquoise waters of the Indian Ocean.

Our certified Personal Trainers are on hand to tailor wellness programmes to suit your every fitness need.



# PERSONAL TRAINING

Get your sweat on with one of our trainers to keep you energised during your holiday! Stop by the gym for a free consultation with our resident trainer to discuss your goals. Our certified professional fitness trainer designer specific program wellness goals may it be for weight loss, muscle toning or to increase your level of fitness.

Our Personal Trainer devises bespoke Personal Training programmes. Following a consultation, a personalised workout strategy is created either for single sessions or to target specific goals during your stay.

## Benefits

Focused, motivating training introduces results driven programmes to achieve your desired goals.



## SCULPT

Body build, fat burn, or strengthen with personalised fitness classes ranging from HIIT, CrossFit, Kettle Bell, Beach bootcamps, or bodybuilding

## RECOVER

Stretch, relax, recover, and receive personal attention and manual muscle manipulation.

## ADAPT

For special populations, or those with advanced age, injury, or sport specific goals, receive adapted and personal training and recovery aid

## FIGHT (KICKBOXING)

Combat sports are adapted as effective fitness tools with our Muay Thai and Cardio Kickboxing sessions; evolved from Thai Boxing, which uses the 'art of the eight limbs', to engage all your body parts for greater range of motion. Sessions focus on shadow boxing, pad work, speed punches and kicks, plus circuit training.

Master the Self with Kickboxing and burn calories, improve flexibility, balance, and coordination, along with building faster reflexes at the same time.

## STICK MOBILITY

This training system combines joint mobilisation, strength training, and active stretching to improve your flexibility and strength. With Training Sticks, you can create leverage, stability, and body awareness.





## **GET EXCITED WITH NIYAMA MALDIVES RESIDENT TENNIS COACH**

Play on our very special court amongst the coconut trees! Our professional tennis coach will help you improve your tennis game and take your skills to the next level.

Take your tennis racket to new heights in a magical setting with one-on-one or family coaching. Rackets and balls are provided.

# ESCAPE TO PARADISE WITH MOVIE UNDER THE STARS!

Imagine yourself surrounded by the elements of nature, under a velvety sky twinkling with stars, while indulging in your favourite movie! With captivating storylines and natural beauty around you, this enchanting experience is perfect for a romantic date or a fun-filled night with your friends and family.

Our private screening setup ensures complete privacy and cosiness, allowing you to choose from a variety of movie genres--whether you prefer romance, action, or timeless classics, our movie under the stars experience promises a night to remember!



# BE CREATIVE WITH..

## PAINTING & CRAFT CLASSES!



Discover your inner artist with painting or crafts. Enjoy scenic landscape painting on coconut, wood, or canvas, bracelet making, and more as you enhance your skills. Great for adults and children!



## SAVE THE WORLD WITH CORAL ADOPTION

Share our vision of “giving back” Learn more about NIYAMA’s coral regeneration project.

Personalise your own coral fragments and snorkel to the coral nursery with our resident Marine Biologist to name and cultivate your newly adopted living habitat. Make your mark by having your own photo in our nursery and receive a certificate, with follow up images provided up to a year after adoption.

A portion of proceeds is contributed to the Dollar Impact Program.





# FITNESS & RECOVERY

## GET FIT

---

### PERSONAL TRAINING

Get your sweat on with one of our trainers to keep you energized during your holiday! Stop by the gym for a free consultation with our resident trainer to discuss your goals.

### SCULPT

Body build, fat burn, or strengthen with personalized fitness classes. ranging from HIIT, Cross Fit, Kettle Bell, Beach bootcamps, or body building

### FIGHT

Master the Self with Kickboxing and burn calories at the same time.

### RECOVER

Stretch, relax, recover, and receive personal attention and manual muscle manipulation.

### ADAPT

For special populations, or those with advanced age, injury, or sport specific goals, receive. adapted and personal training and recovery aid

### STICK MOBILITY

Training system combining joint mobilization, strength training, and active stretching. to improve your flexibility & strength



#### TERMS & CONDITIONS:

Cancellations or re-bookings are accepted 2 hours prior to the session, any later will be fully charged.

# SURFBOARD RENTALS

AT NIYAMA PRIVATE ISLANDS MALDIVES

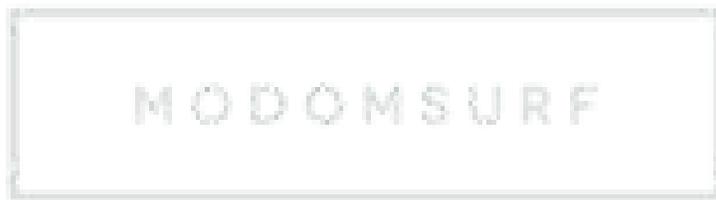




## Dimensions and Volume

Black Diamond EPS (1) - 5' 11" x 20 1/2" x 25/8" x 33.5L - FCS II

Black Diamond EPS (1) - 5' 9" x 20" x 2 1/2" x 31L - Futures



## Dimensions and Volume

MOD FISH (1) - 6' 10" x 21 1/2" x 2 3/4" x 44.5L Futures

MOD FISH (1) - 6' 6" x 20 3/4" x 2 1/2" x 38.5L Futures

MOD FISH (1) - 6' 8" x 21 1/8" x 2 5/8" x 41.5L Futures

MOD FISH (1) - 7' 0" x 21 5/8" x 2 13/16" x 47.5L Futures

MOD MAL (1) - 6' 8" x 21 1/2" x 2 5/8" x 43.5L Futures

**futures.**



## Board talk

### DHD Black Diamond

The Black Diamond is our favourite all-rounder that can do a bit of everything. Packed with extra flotation for easy paddling and entries but still loaded with all the performance needed when the waves turn on.

### MOD Fish

This stretched out Fish will glide into waves using half the amount of paddles as your everyday shortboard. It's flat rocker and volume forward result in face melting down the line speed even in small surf. To maximise control we've had to pull the tail outline in and lower the rails, this allows you to drive through high speed turns and draw longer arcs. This board is designed for people wanting to go faster than normal no matter what their ability might be.

More length + More Volume = More waves, resulting in more fun.



## Dimensions and Volume

VITAMINADA (2) - 6'2 x 20' 1/4 x 2' 1/2 35.5L

VITAMINADA (2)- 6'4 x 20' 3/4 x 2' 5/8 38.5

Fin System- FCSII



## Dimensions and Volume

COMFORT (1) - 6'6 x 21' ¼ x 2' 3/4

43L COMFORT (2)- 6'8 x 21' ½ x 2' ¾

45L COMFORT (2)- 6'10 x 21' ¾ x 2' 7/8

48.5L LONGBOARD (2)- 9'2

Fin system FCSII



## Board talk

Tropical Brasil opened their first surfboard factory in 1981. From humble beginnings and with a dedicated passion for the ocean, Avelino Bastos has shaped boards for world champions and many surf team athletes over his prestige career.

## The Vitaminada

Day-to-day board for experienced surfers who wants to raise their level of surfing. With a defined rail and double concave, you can expect lightning speed down the line and excellent performance from this board.

## The Comfort

Specifically for those seeking a more comfortable paddle without compromising performance this is the board to go for. Awesome for the softer/fuller wave days giving you plenty of paddle power into weaker waves. More paddle speed enables an earlier take-off, this allows the surfer to focus on their positioning on the wave. If your stepping up from a longer board or foam board and coming up to the intermediate skill level this board is a great choice. Suitable for all skill levels.

## Longboard

Extend the classic longboard surfing style with this design which delivers a balance of performance and drive.





**NIYAMA**

PRIVATE ISLANDS  
MALDIVES

**Niyama Private Islands Maldives**

Dhaalu Atoll, P.O. Box 2002, Republic of Maldives

T: +960 676 2828

E: [info.pniy@niyama.com](mailto:info.pniy@niyama.com)

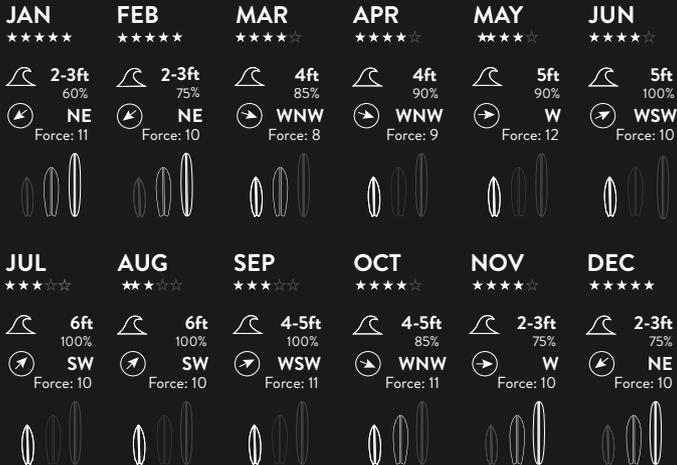
[niyama.com](http://niyama.com)

# VODI SURF POINT

## AT NIYAMA CORNER



### MONTHLY CONDITIONS



### LEGEND



# PLAYGROUND FOR ALL

## RECREATIONAL ACTIVITIES



**Niyama Private Islands Maldives**

Dhaalu Atoll, P.O. Box 2002, Republic of Maldives

T: +960 676 22 22

E: [info.pniy@niyama.com](mailto:info.pniy@niyama.com)

## PLAYGROUND FOR ALL

Your Niyama family only wishes you to have a most memorable island getaway thus, we strive to create a wide range of indoor and outdoor activities. No matter what your interests may be, we have a wide range of recreational activities to ensure that everyone is entertained and excited throughout the stay.

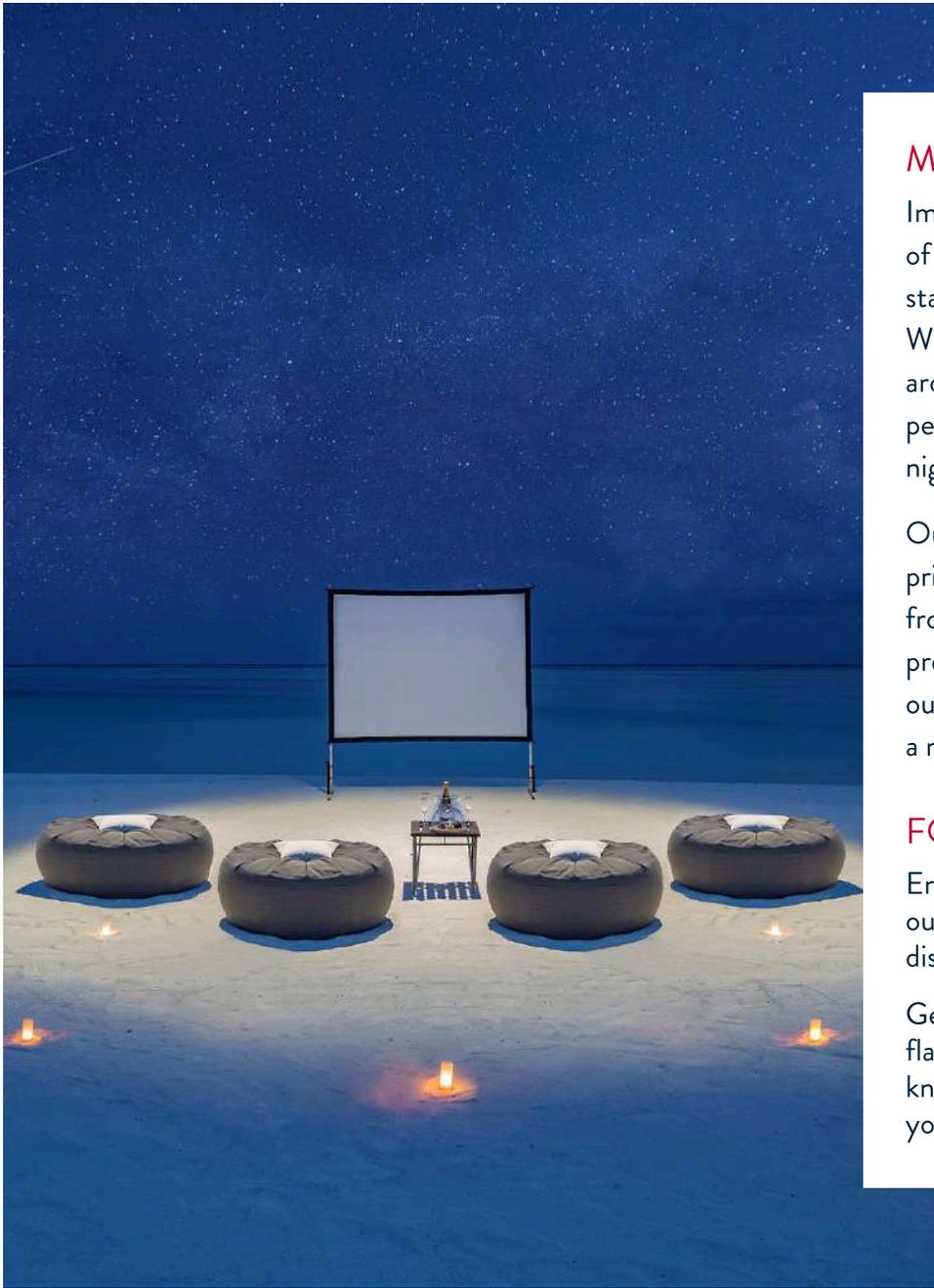
Be a pro with our professional-led painting and craft classes, or enjoy a movie under the stars for a truly cinematic experience. For those who are seeking a challenge, our tennis court is perfect for testing your skills against our resident expert. And if you're socially conscious, take part in our exclusive sustainability project - coral adoption - and contribute to reef conservation efforts.





**LAND**





## MOVIE UNDER THE STARS

Imagine yourself surrounded by the elements of nature, under a velvety sky twinkling with stars, while indulging in your favourite movie! With captivating storylines and natural beauty around you, this enchanting experience is perfect for a romantic date or a fun-filled night with your friends and family.

Our private screening setup ensures complete privacy and cosiness, allowing you to choose from a variety of movie genres - whether you prefer romance, action, or timeless classics, our movie under the stars experience promises a night to remember.

## FOODPLAY

Enjoy a unique experience as you take part in our culinary sessions and be a chef of your own dish!

Get inspired by the Maldives' culture and flavours and go home with new-found knowledge and an array of recipes to impress your friends and family.





## TENNIS

Play tennis in our stunning island paradise surrounded by lush tropical gardens and breathtaking views! Our professional coach is here to help you with technique and skill improvement. Whether you're looking for one-on-one coaching or a fun family session, our tennis court suits all skill levels. We provide quality equipment, including rackets and balls, for a challenging and enjoyable experience. And, don't forget to capture the unforgettable moment with stunning tropical scenery!

## BADMINTON

Indulge in your passion for badminton and work up a sweat by playing with your family and friends, or make new friends while playing in the stunning backdrop of a tropical island.

## PAINTING & CRAFT CLASSES

Let your creativity shine with our fun Painting & Craft Classes.

Our expert resident artist will help you discover your artistic side and bring out the inner artist within you. Enjoy painting scenic landscapes on a variety of surfaces ranging from coconut, wood, to canvas, or learn to make personalised bracelets and other crafts perfect for gifts or even for yourself. Our classes are tailored to be engaging and fun for both adults and children.





## WELLNESS & FITNESS

### ZUMBA

Swing your hips, move to the rhythm, and sweat your way to a healthier you with Zumba class. Whether you're a seasoned pro or a beginner, there's no better way to add some zest to your workout routine. Our certified instructors will have you moving, grooving, and having a blast while also giving you a full-body workout. Either on land or in the pool, nothing can beat your fun time!



### YOGA

Transform your mind and body with our invigorating yoga sessions. Imagine waking up to the calming sounds of the Indian ocean waves and begin your day with an expert-led yoga session. Our sessions flawlessly blend physical and mental wellness, helping you harmonise your mind and body with the breathtaking surroundings.



# PUMP - FITNESS CENTRE

Unleash your inner athlete and pump up the volume at PUMP Gym by Niyama!

Our high-energy workout haven combines fitness and fun for a sweat-inducing experience like no other. Our certified personal trainers offer tailored wellness & fitness programs to meet your specific workout goals.

Plus, with stunning views of the Indian Ocean, your mind and spirit will stay energised long after your workout is over!

- Located on Chill Island
- Opening hours - PUMP is open 24 hours
- Guests must be over 16 years old



## PERSONAL TRAINING

Get your sweat on with one of our trainers to keep you energised during your holiday! Our resident trainer is available for consultations to discuss your fitness goals, and create a personalised workout program including sculpt, recovery and adapt to tailor to meet your needs.



## STICK MOBILITY

Our Stick Mobility workout combines joint mobilisation, strength training, and active stretching for a full-body experience that will leave you feeling stronger and more flexible. Our expert trainers will guide you through each movement, keeping things fresh and challenging, and helping you achieve precision and control. Experience the mind-body connection and conquer anything with Stick Mobility!



## FIGHT (KICKBOXING)

Let loose with powerful kick boxing moves that focus body and mind

Our kickboxing and cardio kickboxing sessions use the 'art of the eight limbs' technique for a full-body workout that improves flexibility, coordination, and reflexes. You'll learn to deliver rapid punches, kicks, and knee strikes while building lean muscle mass and core strength through shadow boxing, pad work, and circuit training.





## SNORKEL SAFARI

Discover the beauty of the deep blue seas of the Maldives while relishing an incredible safari adventure as you snorkel around the colourful marine life.

## TURTLE ADVENTURE

Experience the ultimate underwater adventure with our resort Turtle excursion. Glide through the crystal-clear waters and come face-to-face with these gentle giants of the ocean. Our experienced guides will take you on a thrilling journey and provide you with an unforgettable experience that can't be found anywhere else. Don't miss your chance to witness these majestic creatures in their natural habitat.

- Dhoni and dolphin cruises
- Big-game and sunset fishing
- Adrenaline water sports
- Snorkeling and diving - PADI Course
- Floating Yoga
- Expeditions with the Marine Biologist
- Coral Adoption & Marine programmes

## LUCKY DOLPHIN

At our resort, you can witness the enchanting beauty of dolphins in their natural habitat on our lucky dolphin excursion. Our expert guides will take you on a tour to spot these playful creatures as they leap and swim alongside the boat. Get ready to make unforgettable memories and experience the magic of the sea with us.

## SUNSET DOLPHIN

The sunset dolphin excursion offers a mesmerising experience that combines stunning views of coastal landscapes, playful dolphins, and a beautiful sunset sinking into the sea. It's an unforgettable adventure that allows passengers to take a break from city life and witness marine wildlife in their natural habitat.





## SURF LESSONS

Our resort offers surf lessons for all experience levels. Our expert instructors will teach you the fundamentals of surfing, from paddling through the waves to catching the perfect ride. With the beautiful Indian ocean as your classroom, you'll be shredding waves in no time! Plus, our resort provides top-of-the-line equipment and a safe, supportive environment to help you reach your full surfing potential.



## CORAL ADOPTION

Discover Niyama's innovative coral regeneration project and contribute to increasing biodiversity in our coral nursery.

Personalise your own coral fragments and snorkel with our Marine Biologist to care for and give the perfect name to your newly adopted living habitat. Take some awesome snaps in the nursery and receive a certificate, along with follow-up images for a whole year. And there's more - part of the proceeds from your adoption goes towards supporting local communities in need through our Dollar Impact Program. It's time to make a positive impact on the environment while having an unforgettable experience.

## SURF PHOTOGRAPHER

Get your best surfing shots captured, as well as book an aquatic lifestyle shoot for instagramable moments!

Our brilliant surf photographers will be guide, sharing tips and tricks to capture that jaw-dropping shot. Your adrenaline-fueled moments will be frozen in time with the perfect angle and lighting.

- Complimentary Access to Niyama Surf Wave (No Surf Pass)
- Surf Center
- Surf Equipments' Rental - Boards & Boots
- Professional Surf Photographer
- Boat Transfers to nearby wave
- Lessons from beginners to advanced surfers
- Surf Events
- Movie Night for Surfers

# SNORKELLING ADVENTURES

DIVE INTO THE WONDERS AT NATURE'S PLAYGROUND !



## THE CORAL NUSERY (Beginner)

Play Island near Villa 134

At the nursery we are collecting coral fragments that have naturally broken off of their main colony and attaching them to homemade iron frames in order to assist in their survival. Once attaching these fragments onto a frame, we can observe the growth rates of different coral species. Within a few weeks our fragments will have encrusted themselves onto the frame. Within a month they will have grown over the cable tie that is securing them in place. After about six months, they will have started to grow branches. In total corals grow up to 10cm – 15cm a year. Our nursery has turned into its own thriving reef that has transformed our lagoon and increased the areas biodiversity, with visitors being sharks, turtles, sting rays and much more.

## THE BLUE HOLE

Chill Island near The Deli Beach

The Blue Hole is a submarine hole of the beach of our Deli Beach. The hole is circular in shape, 6 m (19.7 ft) deep and is full of beautiful Staghorn corals. This sight is suitable for beginner snorkelers due to the shallow water and calm lagoon. The visibility can vary depending on the current but you are for sure to have a fantastic time.



## ADVANCED SNORKELLING SITE

Chill Island near Pavilion 24

Exploring the Advanced Snorkelling Site near Villa 24 The snorkelling site located off the shore from villa 24 offers a more diverse range of coral and fish species compared to other sites. With varying depths and older coral structures such as big boulder corals, the habitat is rich and diverse. Advanced snorkelers can appreciate the currents in the area and proximity to the boat lane where the corals drop off into deeper waters with more coral coverage.



## THE CRESCENT REEF LAGOON

Chill Island near Villa 49

Start your snorkelling adventure right off the shore and glide into the Crescent Reef Lagoon—a vibrant marine haven. Encounter blacktip reef sharks, sea turtles, stingrays, butterflyfish, nudibranchs, and more as you explore the shallow reef zone. A colourful reef escape for confident snorkellers, just steps from the beach. Best to be enjoyed during high tide. Mild to strong currents may be present.



3M - 4M DEPTH  
AT HIGH TIDE



DO NOT STAND ON  
THE REEF



DO NOT FEED  
THE FISH



USE REEF FRIENDLY  
SUN CREAM



DO NOT TOUCH  
THE REEF



BEGINNER  
SNORKELING

## MOTORISED WATERSPORTS

We offer a variety of motorised water sports that cater to adrenaline seekers and enthusiasts, including parasailing, jet skiing, seabob, water skiing, wakeboarding, and flyboarding.

Safety and enjoyment are our top priority, with professional and experienced staff, and all necessary equipment provided. Unforgettable experiences are guaranteed with our expert instruction.



## NON-MOTORISED WATERSPORTS

Dive into a sea-sational non motorised watersports adventure with kayaking, stand-up paddleboarding (SUP), windsurfing, and catamaran sailing. Glide through water like a mermaid or a pirate, soak up the sun, and catch the wind. Don't miss the chance to experience the ultimate Indian ocean fun!





# WE LOVE KIDS!



At our Kids Club, we offer a variety of interactive and fun activities that your little ones will love! Our team ensures that they will have a blast playing games and participating in exciting adventures.

## FOOD PLAY FOR LITTLE VIPS

Your little ones will learn basic cooking skills and kitchen safety while making fun and tasty recipes. They'll learn how to measure ingredients, mix, chop, and even bake. At the end of the class, the kids can enjoy their delicious creations together.





## YOGA SESSIONS FOR LITTLE VIPS

Are you looking for a fun and refreshing physical activity for your little VIPs? Yoga might be just the thing! With playful poses and imaginative themes that cater to children's interests, yoga is a great way to engage them in physical activity while also teaching mindfulness and connecting them with their breath.



## ARTS AND CRAFTS

Let your child's creativity flourish at our Kids club. Our professional team are dedicated in providing a fun, safe, and educational environment where kids can let their imaginations run wild and create their own masterpieces. From painting to sculpting, your little ones are sure to have a blast!

Please note that all activities are only applicable for children aged 5 - 12 years old and are subject to be changed depending on weather conditions and the number in the group.

# AQUA ADVENTURES

## DOLPHIN TRIP

Get ready for a once-in-a-lifetime experience on a Dolphin Trip! Witness the majesty of wild dolphins in their natural habitat; we hope you see plenty of them during your visit!

## MARINE ECO DISCOVERY

Discover the fascinating marine life native to the Maldives. Meet the island's marine biologist and learn about creatures you may have never seen before. Educational Presentation for Marine Life.

## SNORKEL SAFARI

The Kids Club Snorkel Safari is an opportunity for children to explore the crystal-clear waters surrounding the beach while discovering Niyama's private coral nursery.

## WATERSPORTS

Are you up for some watersports? The Explorers Team would love to take you kayaking, bodyboarding or stand-up paddleboarding! Please inquire with our staff about weekly specific activities.

## SUBSIX VISIT

Take a speedboat to Subsix, the underwater restaurant located in Niyama. Enjoy spotting marine life during the ride and beneath the surface!

Please note that all activities are only applicable for children aged 5 - 12 years old and are subject to be changed depending on weather conditions and the number in the group.





## FUN PLAY TIME FOR ALL AGES IN THEIR FREE TIME!

### TRAMPOLINE

Bounce your way to a healthy body and happy heart with our kids trampoline!

Let's get ready to jump, giggle, and have some fun!

### SPLASH PARK

A kids splash park is the ultimate fun destination for children on a hot summer day!

### RAINBOW DOME

Get ready to climb your way to physical strength, while making new friends to play creatively with.

### FUN SLIDES

Our slides guarantee endless fun and adventure for your little ones - the ultimate playground essential!

### KIDS ROCK CLIMBER

Are you ready to rock? Be ready to climb to new heights with our kids rock climber - the ultimate test of agility, strength, and determination!

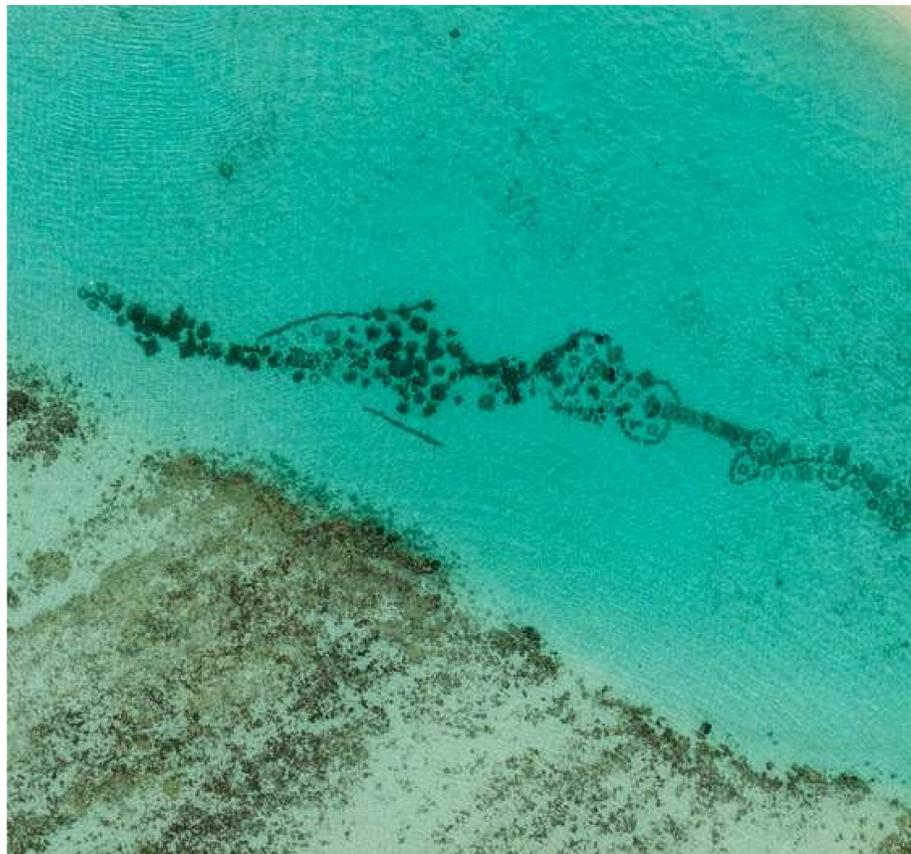
### MOVIE TIME

Let your little ones unwind and relax with a movie after lunch! From 1.30pm to 2.30pm, it's their time to sit back and enjoy some leisurely entertainment.



# SNORKELLING ADVENTURES

DIVE INTO THE WONDERS AT NATURE'S PLAYGROUND !



## THE CORAL NUSERY (Beginner)

Play Island near Villa 134

At the nursery we are collecting coral fragments that have naturally broken off of their main colony and attaching them to homemade iron frames in order to assist in their survival. Once attaching these fragments onto a frame, we can observe the growth rates of different coral species. Within a few weeks our fragments will have encrusted themselves onto the frame. Within a month they will have grown over the cable tie that is securing them in place. After about six months, they will have started to grow branches. In total corals grow up to 10cm – 15cm a year. Our nursery has turned into its own thriving reef that has transformed our lagoon and increased the areas biodiversity, with visitors being sharks, turtles, sting rays and much more.

## THE BLUE HOLE

Chill Island near The Deli Beach

The Blue Hole is a submarine hole of the beach of our Deli Beach. The hole is circular in shape, 6 m (19.7 ft) deep and is full of beautiful Staghorn corals. This sight is suitable for beginner snorkelers due to the shallow water and calm lagoon. The visibility can vary depending on the current but you are for sure to have a fantastic time.



## ADVANCED SNORKELLING SITE

Chill Island near Pavilion 24

Exploring the Advanced Snorkelling Site near Villa 24 The snorkelling site located off the shore from villa 24 offers a more diverse range of coral and fish species compared to other sites. With varying depths and older coral structures such as big boulder corals, the habitat is rich and diverse. Advanced snorkelers can appreciate the currents in the area and proximity to the boat lane where the corals drop off into deeper waters with more coral coverage.

## THE CRESCENT REEF LAGOON

Chill Island near Villa 49

Start your snorkelling adventure right off the shore and glide into the Crescent Reef Lagoon—a vibrant marine haven. Encounter blacktip reef sharks, sea turtles, stingrays, butterflyfish, nudibranchs, and more as you explore the shallow reef zone. A colourful reef escape for confident snorkellers, just steps from the beach. Best to be enjoyed during high tide. Mild to strong currents may be present.



3M – 4M DEPTH  
AT HIGH TIDE



DO NOT STAND ON  
THE REEF



DO NOT FEED  
THE FISH



USE REEF FRIENDLY  
SUN CREAM



DO NOT TOUCH  
THE REEF



BEGINNER  
SNORKELING

# SNORKELLING ADVENTURES

DIVE INTO THE WONDERS AT NATURE'S PLAYGROUND!



## THE CORAL NUSERY (Beginner)

Play Island in front of Villa 134

At the nursery we are collecting coral fragments that have naturally broken off of their main colony and attaching them to homemade iron frames in order to assist in their survival. Once attaching these fragments onto a frame, we can observe the growth rates of different coral species. Within a few weeks our fragments will have encrusted themselves onto the frame. Within a month they will have grown over the cable tie that is securing them in place. After about six months, they will have started to grow branches. In total corals grow up to 10cm – 15cm a year. Our nursery has turned into its own thriving reef that has transformed our lagoon and increased the area's biodiversity, with visitors being sharks, turtles, sting rays and much more.



## THE BLUE HOLE (Beginner)

Chill Island in front of The Deli Beach

The Blue Hole is a submarine hole of the beach of our Deli Beach. The hole is circular in shape, 6 m (19.7 ft) deep and is full of beautiful Staghorn corals. This sight is suitable for beginner snorkelers due to the shallow water and calm lagoon. The visibility can vary depending on the current but you are for sure to have a fantastic time.



## ADVANCED SNORKELLING SITE

Chill Island in front of Pavilion 24

Exploring the **Advanced Snorkelling Site** near Villa 24 The snorkelling site located off the shore from villa 24 offers a more diverse range of coral and fish species compared to other sites. With varying depths and older coral structures such as big boulder corals, the habitat is rich and diverse. Advanced snorkelers can appreciate the currents in the area and proximity to the boat lane where the corals drop off into deeper waters with more coral coverage.



## THE CRESCENT REEF LAGOON (Beginner)

Chill Island in front of Villa 48

Start your snorkelling adventure right off the shore and glide into the Crescent Reef Lagoon—a vibrant marine haven. Encounter blacktip reef sharks, sea turtles, stingrays, butterflyfish, nudibranchs, and more as you explore the shallow reef zone. A colourful reef escape for confident snorkellers, just steps from the beach. Best to be enjoyed during high tide. Mild to strong currents may be present.



Please collect your snorkelling gear at Float Diving Center or check with your Thakuru.



3M - 4M DEPTH AT HIGH TIDE



DO NOT STAND ON THE REEF



DO NOT FEED THE FISH



USE REEF FRIENDLY SUN CREAM



DO NOT TOUCH THE REEF



BEGINNER SNORKELLING

  
NIYAMA  
PRIVATE ISLANDS  
MALDIVES

# SURF



# WELCOME TO THE MALDIVES

---

A scattering of 1,192 coral islands grouped into 26 atolls, and spread over 90,000 square kilometres (35,000 sq mi), earning the title as one of the most dispersed countries in the world.





# NIYAMA PRIVATE ISLANDS MALDIVES

Of all the Islands thank you for choosing Nature's Playground.

# SURFING AT NIYAMA

The Indian Ocean, renowned for producing some of the best and most famous waves in the world, is home to Niyama.

Ideally located in the southern area of the central Maldivian atolls, Niyama is consistently powered by ocean swells in both the South Western monsoon season from April to October, and the North Eastern monsoon season from November to March. And, Niyama has VODI - its own private wave exclusive for guests who stay with us. This means no crowds, and plenty of waves for everyone.

For those looking for adventure, take a boat and search for other waves in the Dhaalu atoll, or go even further and explore the waves in the Thaa and Laamu atolls. Or revel in both the world of luxury and adventure, and book a sea plane to surf waves all around the Maldives. With nowhere too far, you can see and surf all of the Maldives without the hassle of multiple bookings and lost time in transit - truly a revolutionary experience in surf tourism.

Our surf guides are trained professionals that can help you score the best waves of the day. For those looking to begin surfing, they can help you get acquainted with our learn to surf offerings.



# LOCAL WAVES

**VODI**, our house wave located on Play Island, is a left hand reef break in front of Surf Shack, **exclusive to Niyama guests only**. Vodi is accessible straight from the beach, requiring no boat - a rarity in the Maldives. You can also check Vodi from your bed on the in-room TV with a live camera stream.

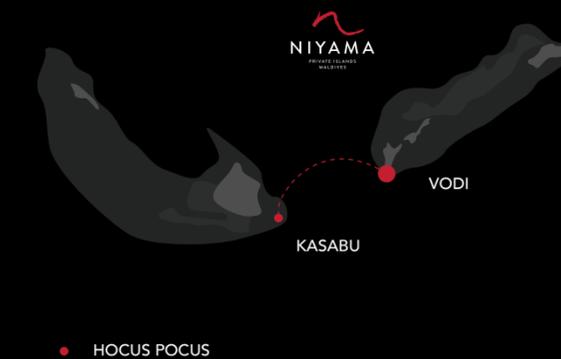
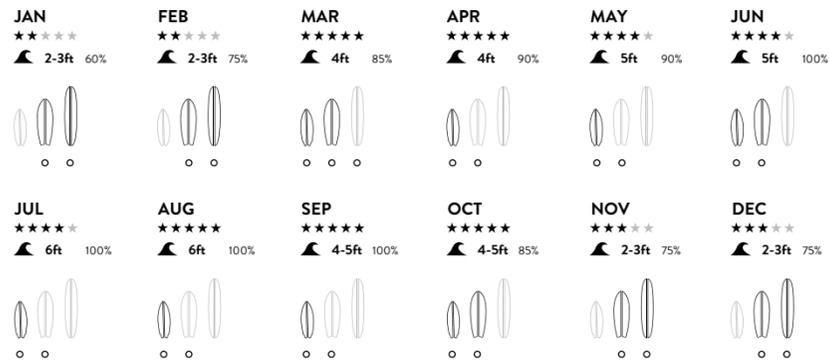
**KASABU** is a right reef break across the channel from Vodi and accessible by a quick 10 minute boat transfer. A long wrapping right that is great for turns, and offers an end barrel section.

**HOCUS POCUS** is a fast barreling right located 15 minutes from Niyama and accessible by our surf transfer service.

Further afar are more waves for those willing to adventure.



## MONTHLY CONDITIONS



NIYAMA  
PRIVATE ISLANDS  
MALDIVES

DHAALU ATOLL

THAA ATOLL

MALE

LAAMU ATOLL

● HOCUS POCUS

NIYAMA

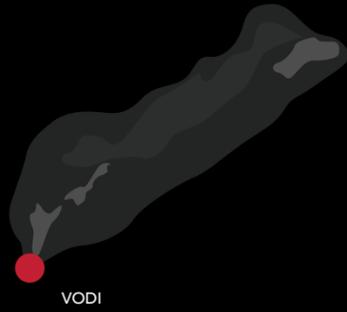
PRIVATE ISLANDS  
MALDIVES

KASABU

VODI

# VODI SURF POINT

AT NIYAMA CORNER



2  
12

WAVE HEIGHT RANGE



LEFT HANDER



MOST FAVOURABLE WIND DIRECTIONS



SWELL EXPOSURE



ALL TIDES



DISTANCE TO BREAK IN MINUTES



ACCESS BY LAND



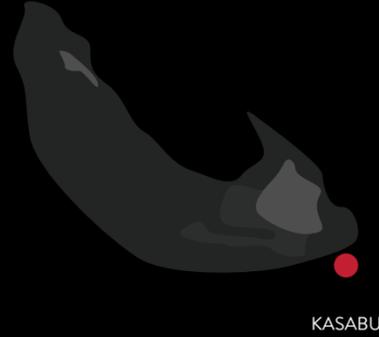
A private left hand reef break that is good for turns and barrels. Enter and exit by the stairs and use the flags as a line-up marker.





# KASABU

AT KUDAHUVADHOO CORNER



2  
8

WAVE HEIGHT RANGE



RIGHT HANDER



MOST FAVOURABLE WIND DIRECTIONS



SWELL EXPOSURE



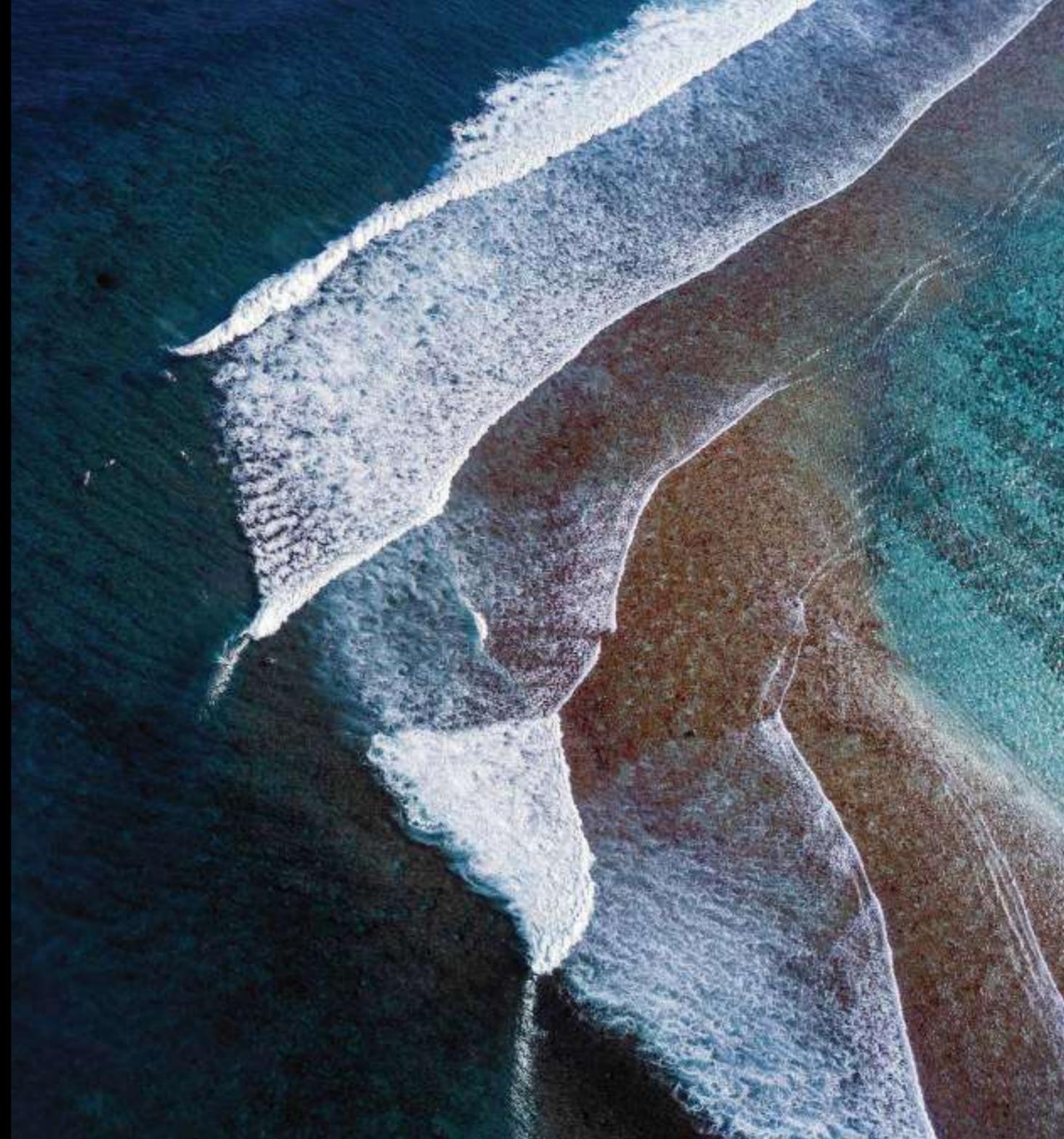
ALL TIDES



DISTANCE TO BREAK IN MINUTES



ACCESS BY BOAT



A very long right hander across the straight from Vodi, great for turns and offers an end barrel section. The perfect spot to surf in west to northwesterly winds.





# HOCUS POCUS



WAVE HEIGHT  
RANGE



RIGHT HANDER



ACCESS  
BY BOAT



An advanced hollow right hand reef break that works on a large SW swell, or when there is some east in the swell.





## OTHER SURF BREAKS IN THE DHAALU ATOLL

---

### VAN DAMME



### MAD'S



### SWIRL



## OTHER BREAKS

---

For those seeking solitude, other breaks in the Dhaalu atoll exist that are accessible by boat. They are great options for those looking to see more and spend time on the water.

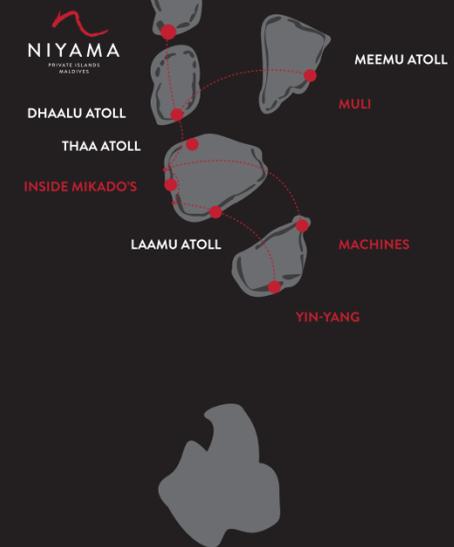


## CENTRAL ATOLL ADVENTURES

---

For those looking for more adventure, explore the central atolls with us and all it has to offer

“Adriano de Souza enjoying the waves around Niyama.”



## WAVES

---

### INSIDE MIKADO'S

A perfect wraparound right hander, offering barrels in a SW wind

### YIN YANG

A corner of reef offering an outside wave perfect for turns, and then a barreling right breaking off the inside corner

### MACHINES & MULI

Both are great options in a west wind

### MANY MORE

Speak with your surf guide

## LEARN TO SURF

---

Niyama isn't only a place for experienced surfers, it's a great place to learn to surf! Our surf guides give First Surf Experience lessons in the lagoon for first time learners, both young and old, before moving onto learning in the waves.

After one has a lagoon lesson, one can get 1-on-1 coaching to keep progressing to the next level! Coaching for beginners or advanced surfers is available, helping you to achieve your surfing goals!

Already a surfer but left your gear at home? Rent a surfboard and booties from the SURF CENTER next to the Surf Shack!

Also, have the moment captured forever with a photo package!



## SURF AMENITIES

---



### VODI SURF CAMERA

---

Check the surf from the comfort of your villa!



### SURF CHECK

---

Our surf guides do daily surf checks and give recommendations via our Niyama Surf WhatsApp group. Contact us if you'd like to be added to the group, or stop by the Surf Center to talk in person!



### SURF FORECAST

---

Our surf guides will keep you up to date on the surf forecast, but for those that would like to check it out themselves, we recommend using Magicseaweed for VODI.



### SURF TRANSFERS

---

Surf Transfers can be arranged by your surf guide. The best way to make the transfer seamless, is to inquire the day before.



### SURF PHOTOS + VIDEO

---

If you are interested in capturing your sessions or your surf lesson, speak to us at the surf center for photo packages.



### SURF GEAR

---

The surf Center has surfboards, soft-tops, body boards, fins, booties, sunscreen, wax, and much more for rent and sale.



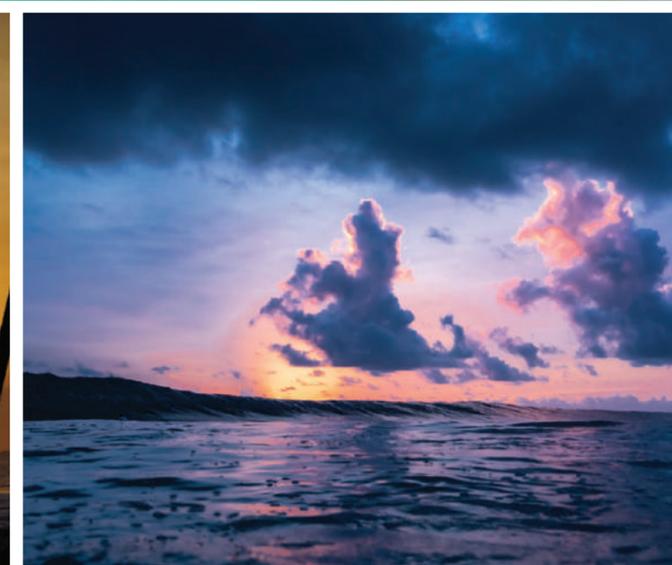
TAG & FOLLOW @NIYAMASURF FOR MORE WAVES FROM NIYAMA

#NIYAMASURF



## SURF SHACK AND FOOD TRUCK

Whether it's morning yoga, or watching the surf over a beer or cocktail while enjoying tunes from the DJ – the surf shack is always happening. Sample over 30 international rums from the bar and replenish yourself with tacos, burgers, and other lite bites from The Food Truck to catch good island vibes.



# ISLAND LIFE

Experience it all at Nature's Playground.









## BEACH VILLAS

Three types of modern Beach Villas ranging from 135-255 sq. meters, most with a private pool but all with a magnificent beach view.





## BEACH PAVILLIONS

1, 2, and 3 bedroom pavilions (400-770 sq. meters) with a sunken living area, dining area, cocktail bar, and of course a private pool and Jacuzzi.





## WATER VILLAS

Experience the overwater dream with your own sun deck and pool in our two types of villas (175-190sq. meters).

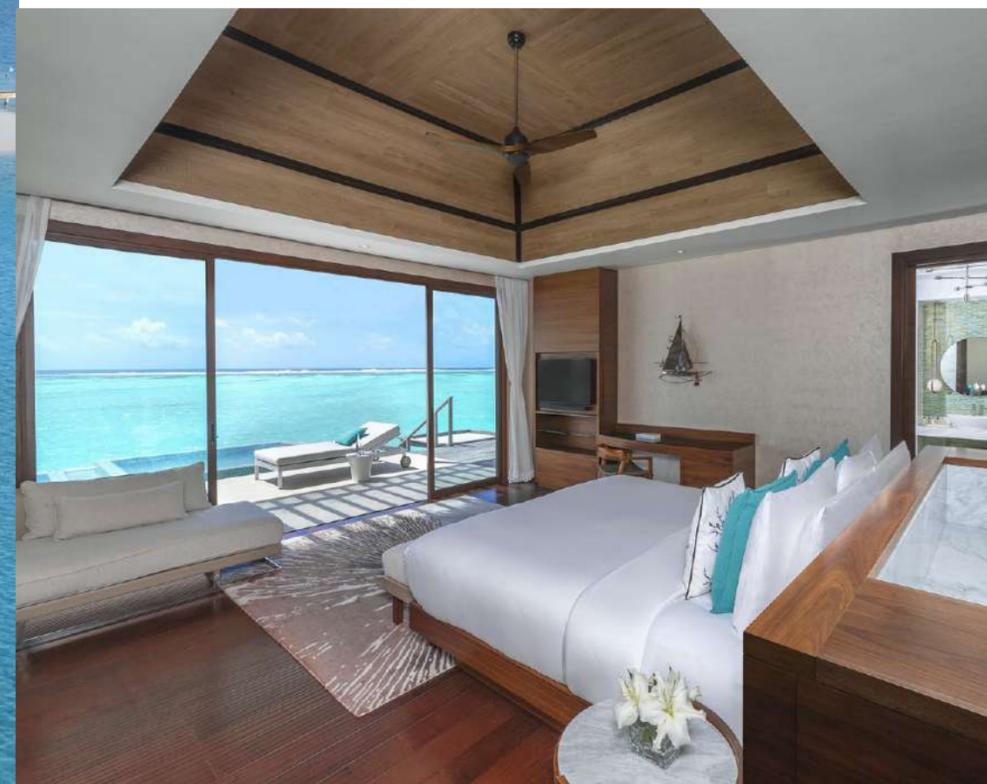




## WATER PAVILLIONS

Cutting edge design both indoor and out – king bedroom, living and dining areas, private sundeck, infinity pool and outdoor Jacuzzi. (515 sq. meters)







## TRIBAL

Exotic Afro-Latin cuisines under modern inspired canopies.



## NEST

Asian cuisine amongst the treetops or a captivating modern teppanyaki performance for 8.



## EDGE

Our modern fine dining concept set out to sea and under the stars.



## SUBSIX

6 meters below the ocean's surface, dine in one of the most unique settings in the world.





## BLU

All-day dining by the pool on Play Island.



## EPICURE

Chic international cuisine by the pool on Chill Island.



## DUNE

Al-fresco lounge bar and beach club under iconic yellow umbrellas and coconut trees.



## FARENHEIT

Rooftop bar overlooking the Indian ocean with live music by night.



## EXPERIENTIAL DINING

From a family barbeque in your private beach garden to a romantic affair at sea aboard the Dream Dhoni, or on the sands of a deserted island - indulge in unique culinary experiences.



## DRIFT SPA

When surfed out, spoil yourself at Drift Spa with a vast array of treatments, often with renowned visiting practitioners focusing on health, wellness, and beauty.

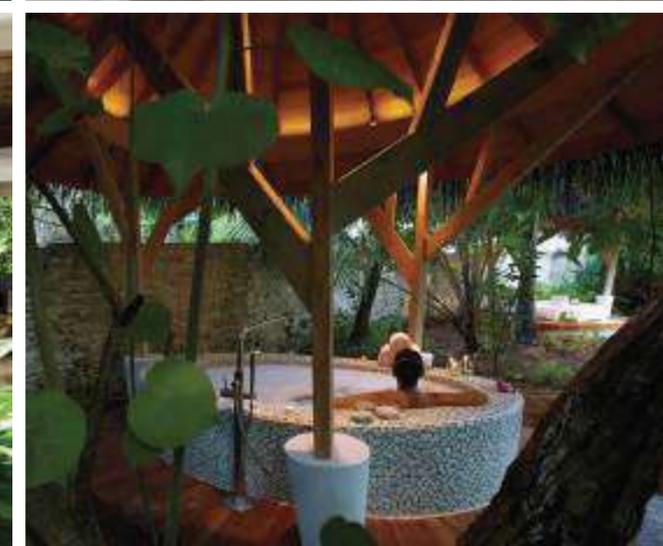
## ULTIMATE RELAXATION

Relax and prevent soreness with various modalities of massage.

Experience the abundant benefits of vitamin therapy, be it recovering from hours in the sun, or beautification from its health benefits.

Rehydrate your skin to prevent damage with Intracutaneous Oxygen facials.

Surf better and center yourself with teacher lead yoga or pilates in the morning.





## ACTIVE

An array of indoor activities will keep you having fun in between surf sessions - video games, pool, board games, virtual simulators, and an indoor cinema will keep you stoked.



## PUMP

Expert trainers, modern equipment, and both indoor and outdoor facilities will help you feel the burn during your stay.



# FLOAT

If the swell isn't up, dive, snorkel, and play in the Indian ocean enjoying the beauty of the Maldives.



## KIDS CLUB

Kids join one of 4 tribes to have some fun of their own while the adults get to play!



## DOLLAR IMPACT PROGRAM

---

As surfers, we get to enjoy some of the most ecological diverse and beautiful locations around the world. Our Dollar Impact Program directly supports our sustainable efforts in and around Niyama.

HARP (Holistic Approach to Reef Protection), the partnership between non-profit, Coral Reef CPR, and the Minor Hotel group, is the primary focus of DIP with the aim to rehabilitate our surrounding coral ecosystem.



## CORAL ADOPTION

---

Help contribute towards a sustainable future in the Maldives by adopting a coral with our marine biologist. See our efforts in our coral garden in front of villa 134.





- 1 Arrival Jetty / Reception / The Lair / HQ
- 2 Water Sport Centre
- 3 Active (Indoor Amusements)
- 4 Epicure (All-Day Dining) / Dune / Fahrenheit / The Deli
- 5 Screen (Outdoor Cinema)
- 6 Edge (Cocktails / Dinner)
- 7 Subsix

- 8 The Crescent
- 9 Private - No swimming
- 10 Drift By Niyama
- 11 Tribal (Dinner)
- 12 Boutiques
- 13 Pump (Gym) / Pump Studio
- 14 The Deli / Deli Beach

- 15 Blu (All - Day Dining)
- 16 Float / Dive Center
- 17 Snap (Photography Studio)
- 18 Rip Curl Boutique
- 19 Explorers Kids Clubs
- 20 Spice (Chef's Garden)
- 21 Nest (Lunch / Dinner)

- 22 Surf shack / Surf shack truck
- 23 Hit (Tennis Court)
- 24 Vodi Surf Point
- 25 Surf center
- 26 Rip Curl Boutique
- 27 FLOW (Yoga Pavilion)
- 28 Boat Channel

- 29 Sea Plane Landing
- 30 Edge Jetty
- 31 Badminton court



Thank you to the Contributing Photographers:

Ryan Williams, Erick Proost, Simon Dobb, Hannah Anderson, Emma Burgess-Webb, Victoria Camila Toro, Dan Cooney

  
**NIYAMA**  
PRIVATE ISLANDS  
MALDIVES



# RIDE, DIVE & EXPLORE

AN OCEAN PLAYGROUND FOR ALL

OPEN DAILY FROM 8:00 AM - 6:00PM



## SCHEDULED DIVES

	With rental gear	Without rental gear
1 - 5 DIVES	150*	125*
6 - 11 DIVES	143*	118*
12 OR MORE DIVES	135*	110*
PASSENGER FEE (BOAT)	35*	35*

\*Price Per Dive

Dive pricing is based on the total number of dives completed: 1-5 at the standard rate, 6-11 at a discounted rate, and 12+ at the best value. The final price per dive is calculated at the end of your dives.

## PERSONALISED DIVE

PRIVATE GUIDE ADD-ON	315
Up to 4 divers maximum for the private guide on top of regular dive rates	

## PRIVATE DIVING

\*Price Per Dive    10 Minimum Age 10    12 Minimum Age 12    15 Minimum Age 15

### DHONI (BOAT)

SINGLE DIVE	1,600
Up To 4 Divers; \$250 Per Extra Guest / \$400 Per Extra Hour	
DOUBLE DIVE	3,000
Up to 4 divers; \$450 per extra guest / \$400 per extra hour.	

All private dive trips include a dedicated guide for up to 4 divers, along with full equipment: buoyancy control device (BCD), regulator, wetsuit, dive computer, mask, and fins

### GULF CRAFT (BOAT)

SINGLE DIVE	2,100
Up to 4 divers; \$250 per extra guest / \$400 per extra hour	
DOUBLE DIVE	4,000
Up to 4 divers; \$450 per extra guest / \$400 per extra hour	

## DIVE COURSES & PROGRAMS

REFRESHER DIVE	215
Mandatory if you haven't dived in the last 12 months	
PADI DISCOVER SCUBA DIVING 10	260
REPEAT PADI DISCOVER SCUBA DIVING	200
PADI BUBBLEMAKER POOL ONLY	155
Pool only / 8-9 years old only	
PADI BUBBLEMAKER POOL & SHORE DIVE	510
Pool + house reef dive / 8-9 years old only	
PADI SCUBA DIVER COURSE 10	715
PADI OPEN WATER DIVER COURSE 10	1,025
OPEN WATER DIVER UPGRADE	705
PADI OPEN WATER & NITROX COMBO	1,340
PADI OPEN WATER REFERRAL	830
E-LEARNING OPEN WATER	900
PADI ADVENTURE DIVER 12	570
PADI ADVENTURE DIVE	195
PADI ADVANCED OPEN WATER DIVER COURSE 12	985
PADI ADVANCED OPEN WATER & NITROX COMBO 12	1,325
PADI ENRICHED AIR DIVER 12	500
(Nitrox, includes 2 boat dives)	
PADI RESCUE DIVER COURSE 12	1,300

## SPECIALTY COURSES

PADI DEEP DIVER 15	740
PADI NIGHT DIVER 12	605
PADI PEAK PERFORMANCE BUOYANCY 10	420
PADI DRIFT DIVER 12	420
PADI EMERGENCY FIRST RESPONSE	350

## EQUIPMENT RENTAL

EARLY MORNING/NIGHT DIVE SUPPLEMENT	50
NITROX FILL (32%)	COMPLIMENTARY
15L CYLINDER	18*
PRESCRIPTION MASK	25*
ACTION CAM RENTAL	115
UNDERWATER TORCH	18*
UV LIGHTS (FOR NIGHT DIVING)	35*

\*Price per dive, per person

## DIVING INSURANCE

1 DAY	20
7 DAYS	40
14 DAYS	55

Prices are inclusive of taxes and service charge

## PRIVATE SURF LESSONS & COACHING

PRIVATE BEGINNER LESSON (1 HRS) 299

Extra Person: \$99, Maximum 4 People

PRIVATE VODI/CHANNEL LESSON (2 HRS) 429

Extra Person: \$229, Maximum 2 People

### PRIVATE SURF COACHING

VODI PRIVATE SURF COACHING 189

Per hour per person

KASABU PRIVATE COACHING 288

Includes transfer

## SURF TRANSFERS

### SHARED TRANSFER (3 HRS)

ADULT 165\*

CHILD (UP TO 12 YEARS) 82.50\*

SPECTATOR 50\*

\*Per person per transfer, board not included

### PRIVATE SURF TRANSFER (3 HRS) 1250

INCLUDES 4 GUESTS

EXTRA GUESTS: \$185 MAXIMUM OF 12 GUESTS)

EXTRA HOUR: \$350

Board not included in private transfers

## SHARED SNORKEL ADVENTURES

TURTLE SNORKELING 140

Per person

PASSENGER FEE 30

ADVENTURE SNORKEL 170

Per person

PASSENGER FEE 40

## PRIVATE SNORKEL ADVENTURES

### PRIVATE TURTLE SNORKELING (2 HRS)

CLASSIC DHONI 1000

For 4 people & maximum 15 people  
(extra person: \$100 | extra hour: \$250)

LUXURY DHONI 1100

For 4 people & maximum 15 people  
(extra person: \$120 | extra hour: \$375)

GULF CRAFT 1,200

For 4 people & maximum 15 people  
(extra person: \$140 | extra hour: \$400)

### PRIVATE DOLPHIN CRUISE (1.5 HRS)

CLASSIC DHONI 750

For 4 People (Extra Person: \$100 | Extra Hour: \$250)

LUXURY DHONI 900

For 4 People (Extra Person: \$120 | Extra Hour: \$375)

### PRIVATE DOLPHIN & TURTLE ADVENTURE

CLASSIC DHONI 1250

For 4 People (Extra Person: \$150 | Extra Hour: \$275)

LUXURY DHONI 1350

For 4 People (Extra Person: \$165 | Extra Hour: \$390)

## SURF LESSONS & COACHING

BEGINNER SURF LESSON (1 HR) 99

INTERMEDIATE SURF LESSON (1 HR) 99

VODI / CHANNEL LESSON (2 HRS) 229

Per Person

KASABU OR KANDUFUSHI LESSON 329

Conditions / suitability to be discussed  
with the surf instructor

## THAA / MEEMU ATOLL SURF ADVENTURE

SHARED ADVENTURE 385

Minimum 4 People) (Children Under 12 \$312)

PRIVATE ADVENTURE 2,330

(Includes 2 people; extra person: \$235, maximum of 8 guests)

## BOARD & BOOTS RENTAL

BOARD ONLY (1 DAY) 85

BOARD ONLY (7 DAYS) 340

BOOTS ONLY (1 DAY) 30

BOARD & BOOTS COMBO (1DAY) 95

BOARD & BOOTS COMBO (7 DAYS) 375

GUIDED HOUSE REEF SNORKEL 55

Per person (minimum 3 people)

SNORKELING LESSON 85

Per person (minimum 2 people)

SNORKELING EQUIPMENT Complimentary

Collect snorkel gear from the float to use for the duration of your stay

### PRIVATE ADVENTURE SNORKELING (2 HRS)

CLASSIC DHONI 1050

For 4 people & maximum 15 people  
(extra person: \$120 | extra hour: \$250)

LUXURY DHONI 1150

For 4 people & maximum 15 people  
(extra person: \$140 | extra hour: \$375)

GULF CRAFT 1250

For 4 people & maximum 15 people  
(extra person: \$160 | extra hour: \$400)

### PRIVATE NIGHT SNORKELING (1.5 HRS)

SHORE (UP TO 4 GUESTS ) 640

MAXIMUM 4 GUESTS

(On Coral Garden shore site, extra hour: \$250)

SPEEDBOAT (UP TO 4 GUESTS) 780

(Maximum guests permitted is 4, extra hour: \$450)

### PRIVATE SNORKELING GUIDE

\$300 FOR 4 UP TO PEOPLE 300

Fee is extra on top of regular snorkeling charges

### ACTION CAM RENTAL

115  
PER EXCURSION

Prices are inclusive of taxes and service charge

## SHARED EXCURSIONS

<b>LUCKY DOLPHIN CRUISE (1.5 HRS)</b> Per person (1.5 hrs) – Minimum 3 people required, up to a maximum of 18 people	105	<b>SUNSET FISHING (2 HRS)</b> Per person (2 hrs) – Minimum 3 people required, maximum 10 people, This activity is exclusively for participants, so we are unable to accommodate passengers	140
<b>GROUP SUNSET CRUISE (1.5 HRS)</b> Per person (1.5 hrs) – Minimum 3 people required, up to a maximum of 18 people	230		

## PRIVATE EXCURSIONS

### PRIVATE LUCKY DOLPHIN CRUISE (1.5 HRS)

<b>CLASSIC DHONI</b>	800
For four people (extra person: \$125, extra hour: \$250)	
<b>LUXURY DHONI</b>	900
For four people (extra person: \$150, extra hour: \$300)	

### PRIVATE SUNSET CRUISE (1.5 HRS)

<b>CLASSIC DHONI</b>	850
For two people (extra person: \$250, extra hour: \$275)	
<b>LUXURY DHONI</b>	950
For two people (extra person: \$270, extra hour: \$350)	

### PRIVATE LOCAL ISLAND TOUR (1.5 HRS)

<b>SPEEDBOAT</b>	600
For four people (extra person: maximum of four total guests, extra hour: \$150)	

### PRIVATE SUNSET FISHING (2 HRS)

<b>FOR 4 PEOPLE</b>	900
For four people (maximum 10 people, extra person: \$125, extra hour: \$200)	

### PRIVATE BIG GAME FISHING:

<b>LUXURY FISHING DHONI   FULL DAY - 8 HRS</b>	2,300
For four people (extra person: \$200), Extra hour: \$300	
<b>CLASSIC FISHING DHONI   FULL DAY - 8 HRS</b>	1,915
For four people (extra person: \$150, extra hour: \$200)	
<b>LUXURY FISHING DHONI   HALF DAY - 4 HRS</b>	1,530
For four people (extra person: \$200, extra hour: \$300)	
<b>CLASSIC FISHING DHONI   HALF DAY - 4 HRS</b>	1,405
For four people (extra person: \$150, extra hour: \$200)	

### PRIVATE BOAT OPTIONS

**SPEEDBOAT**  
Maximum 4 guests

**PARASAILING BOAT**  
Maximum 8 guests

**CLASSIC DHONI**  
Maximum 15 guests

**LUXURY DHONI**  
Maximum 15 guests

**GULF CRAFT**  
Maximum 15 guests

Enquire for private charter prices and build your own itinerary on one of our boats. All private charters will be priced for four people, unless otherwise stated. Each additional person beyond the four will incur an additional charge.

## WATERSPORTS ACTIVITIES

### JET SKI TOUR

(Must be 16 years old to drive jet skis solo)

15 mins	150
30 mins	275
60 mins	375
Price is per jet ski	

### FLYBOARD RIDE/ LESSON

Flyboard ride (30 mins)	190
Flyboard lesson (45 mins per person)	220

### I-AQUA SEA DART

15 mins	120
30 mins	205
60 mins	330
(Per I-Aqua)	
Participants must be at least 10 years old to operate the i-Aqua in the lagoon and 12 years old to operate i-Aqua in open water.	

### WAKEBOARD/ WATERSKI

Per person	110
------------	-----

### MONOSKI LESSON

Per person	130
------------	-----

### JUNIOR WATERSKI TRAINER

Per person	95
------------	----

### PARASAILING

15 mins flight (maximum combined weight 170kg)	160
Price is per person	

### SAILING CATAMARAN

With skipper (1 hr per person)	135
Rental (1 hr)	115
Catamaran lesson	135

### KITE/ WINDSURFING EQUIPMENT RENTAL

Kitesurfing (per hour)	115
Windsurfing (per hour)	60

### KITE SURFING LESSONS

Beginner (2 hrs per person)	350
Advanced (2 hrs per person)	280

### WIND SURFING

Windsurfing lesson (per person)	135
---------------------------------	-----

### JET SURF

Per jetsurf (30 mins)	190
-----------------------	-----

### KAYAK/ SUP/ 1 HR

Per day per villa	Complimentary
-------------------	---------------

### GLASS CANOE

Private rental (per hour per kayak)	70
-------------------------------------	----

### GLASS STAND UP PADDLE (SUP)

Private rental (per hour per sup)	50
-----------------------------------	----

### FUN TUBE

15 mins per ride	
1 person	150
2 people	90
3 people	80
4 people	70