

EXPERIENCE GUIDE

FOOD + BEVERAGE *Chargeable

MONDAY

Sushi Class*	13:00 - 14:00	Tabemasu
Greenhouse Tour	15:00 - 16:00	The Greenhouse
High Steaks*	18:00 - 22:00	Velaa Bar + Grill
Live Music	18:00 - 21:00	La Vie
Turquoise	Closed for lunch and dinner.	

TUESDAY

Live DJ	13:00 - 15:00	Velaa Bar + Grill
Sommelier Master Class*	15:00 - 16:00	Tabemasu
Live DJ	18:00 - 20:00	La Vie
Live Music	18:00 - 21:00	Velaa Bar + Grill
Live DJ	22:00 - 24:00	La Vie
Turquoise	Closed for lunch.	
Velaa Bar + Grill	Closed for dinner.	

WEDNESDAY

Au Soleil Pool Party	13:00 - 16:00	Velaa Bar + Grill
Live DJ	13:00 - 16:00	Velaa Bar + Grill
Lobster and Bubbles*	18:00 - 22:00	Velaa Bar + Grill
Live Music	18:00 - 21:00	La Vie
Taste of Asia*	18:30 - 22:00	Turquoise
Live DJ	21:00 - 24:00	La Vie
Tabemasu	Closed for dinner.	

THURSDAY

Live DJ	13:00 - 15:00	Velaa Bar + Grill
Mixology Class*	15:00 - 16:00	Tabemasu
Live DJ	16:30 - 19:00	La Vie
Journey Through Italy*	18:30 - 22:00	Turquoise
Live DJ	20:30 - 24:00	La Vie
Turquoise	Closed for lunch.	
Riviera	Closed for dinner.	

FRIDAY

Live DJ	13:00 - 15:00	Velaa Bar + Grill
Maldivian Night*	18:30 - 22:00	Turquoise
Live Music	18:00 - 21:00	La Vie
Live DJ	21:00 - 24:00	La Vie
Turquoise	Closed for lunch and dinner.	

SATURDAY

Live DJ	13:00 - 15:00	Velaa Bar + Grill
Greenhouse Tour	15:00 - 16:00	The Greenhouse
Live DJ	16:30 - 19:00	La Vie
Live Music	18:00 - 21:00	Velaa Bar + Grill
Live DJ	20:30 - 24:00	La Vie
Turquoise	Closed for lunch.	
Velaa Bar + Grill	Closed for dinner.	

SUNDAY

Juniper Club*	13:00 - 16:00	La Vie
Au Soleil Pool Party	13:00 - 16:00	Velaa Bar + Grill
Live DJ	13:00 - 15:00	Velaa Bar + Grill
Live Music	18:00 - 21:00	La Vie
Au Soleil Beach BBQ*	18:30 - 22:00	Turquoise
Live DJ	18:30 - 22:00	Turquoise
Riviera	Closed for dinner.	

FITNESS + RECREATION

MONDAY

Zumba	07:00 - 08:00	Padel Court
Sunset Yoga	17:30 - 18:15	Riviera Beach
Karaoke Night	21:30 - 22:15	Velaa Bar + Grill

TUESDAY

Sunrise Yoga	06:00 - 06:45	Sunrise Deck
Boot Camp	08:00 - 08:45	Waves Lifestyle Hub
Beach Volleyball	17:30 - 18:15	Velaa Beach
Trivia Night (Quiz)	21:30 - 22:15	Velaa Bar + Grill

WEDNESDAY

Dance Workout	07:00 - 07:45	Padel Court
Pilates	08:00 - 08:45	Waves Lifestyle Hub
Sunset Yoga	17:30 - 18:15	Riviera Beach
Bingo Night	21:30 - 22:15	Velaa Bar + Grill

THURSDAY

Sunrise Yoga	06:00 - 06:45	Sunrise Deck
Lower Body Workout	08:00 - 08:45	Waves Lifestyle Hub
Beach Volleyball	17:30 - 18:15	Velaa Beach
Twilight Cinema	20:00 - onwards	Le Méridien Hub

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Boot Camp	08:00 - 08:45	Waves Lifestyle Hub
Sunset Yoga	17:30 - 18:15	Riviera Beach
Karaoke Night	21:30 - 22:15	Velaa Bar + Grill

SATURDAY

Sunrise Yoga	06:00 - 06:45	Sunrise Deck
Core Workout	08:00 - 08:45	Waves Lifestyle Hub
Beach Volleyball	17:30 - 18:15	Velaa Beach
Salsa Night	21:30 - 22:15	La Vie

SUNDAY

Dance Workout	07:00 - 07:45	Padel Court
Stretch + Relax	08:00 - 08:45	Waves Lifestyle Hub
Beach Volleyball	17:30 - 18:15	Velaa Beach
Family Twilight Cinema	19:00 - onwards	Le Méridien Hub

WATERSPORTS + DIVING (All Chargeable)

DAILY

2 Tank Dive	08:00 - 12:00	For certified diver (4H)
Try Scuba	08:00 - 10:00 10:30 - 12:30 14:30 - 16:30	
Housereef Snorkelling	08:00 - 09:00 10:30 - 11:30 14:30 - 15:30	

MONDAY

Big Game Fishing	05:30 - 09:30	Dive Centre
Casting & Jigging	14:00 - 17:00	Dive Centre
Sunset Dolphin Cruise	16:00 - 18:00	Dive Centre
Night Snorkelling	18:00 - 19:00	Dive Centre

TUESDAY

Turtle ID Marine Bio	10:00 - 12:00	Dive Centre
Turtle Reef Snorkeling	14:00 - 15:30	Dive Centre
Local Island Tour	15:00 - 16:30	Dive Centre
Sunset Fishing	16:00 - 18:00	Dive Centre
Night Snorkelling	18:00 - 19:00	Dive Centre

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