



V-SENSES

WELLNESS & SPA



WELLNESS & YOGA MEMBERSHIP

Special Offer



Giri Raj Timshina

Join our internationally renowned Wellness Master at Furama Resort Danang.


Mr. Giri leads our wellness programs with a holistic approach transcending mere physical exercise. His sessions focus on creating a deep connection between body, mind, and spirit, offering our members a unique opportunity to experience true inner peace and balance.


Whether you are a seasoned practitioner or a beginner, his guidance will help you unlock new levels of well-being and fulfillment, allowing you to live a more balanced and harmonious life.



EXCLUSIVE WELLNESS MEMBERSHIP		
Package	1 Month	3 Months
Period	1 Month	3 Months
Price	2,500,000	6,750,000
BENEFITS		
Morning Yoga, Daily 60 min	FREE	FREE
Sunset Yoga, Daily 60 min	FREE	FREE
Aqua Yoga, Daily 45 min if no rain	FREE	FREE
Zen Meditation, Daily 45 min	FREE	FREE
Healing Sound Ritual, Daily 15 min	FREE	FREE
Discount for max 3 friends on any Wellness classes	20% OFF	30% OFF
Spa Services	10% OFF	20% OFF
Sauna & Steam	200,000 VND/1 Hour	150,000 VND/1 Hour
Resort Pool & Beach access	FREE	FREE
Game room/ Kids club/ Beach games (Volleyball, football, badminton)	N/A	FREE
Tennis Court	200,000 VND/1 Hour	150,000 VND/1 Hour
Restaurants & Bars	10% OFF	15% OFF
Tennis & Water sport activities (partner, lesson)	10% OFF	15% OFF

- All prices above are in VND and are inclusive of Service Charge & prevailing Government Tax.
- Upon approval of the application form payment of the entry fee should be settled immediately.
- Lost membership Voucher should be reported immediately to Director of Wellness & Spa:
Email: spa@furamavietnam.com
- All members should wear proper attire for Yoga Class.
- Any injuries or sickness must be informed to Wellness Guru.
- All members should follow the rules and regulation from the management.
- The membership is not transferable. Members are responsible for all charges occurred to their account during and till the end of their membership period.
- In case of any damages occurred during the wellness studio and facilities usage, the members are responsible to pay the damage cost.

 **OPEN HOURS**
09:00 - 22:00

CONTACT US
 Tel: 0236 3847 333 - Ext 16
 Hotline: 0839 30 5858



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REGULATION OF YOGA STUDIO

1. Yoga studio operation time is from 6AM to 6PM. The class schedule will follow our "Daily Wellness activities"
2. Please register your name, room number when joining the class
3. Guests must arrive before the class start. If you are 10 minutes late, please join the following classes
4. Please join class at least 3 hours after meals
5. Wear wellness clothing that are comfortable and easy for moving
6. Stop exercising and notify your coach immediately if you feel light-headedness, dizziness, nausea... Stop exercising, if your joints are swollen or in pain
7. Please put your bags, personal items, phones and other electronic items in lockers to ensure safety and quiet in the classroom. Phones and electronic devices must be on silent mode. Please check your belongings before leaving
8. Do not use drugs, alcoholic beverages, cigarette... when you join the class in order to keep the health and safety of yourselves and others
9. Do not bring food into the wellness studio
10. Children below 12 years old is not allowed to join the wellness classes.
11. Please maintain general hygiene and throw trash in the right place. Keep the room quiet.

To ensure the safety and health of our valued, we respectfully ask people to comply with the regulation to achieve maximum effectiveness during the class.

Furama Resort Management will not be responsible for any injures, accidents that occur to you when practicing exercises or not following the above rules at the wellness studio.

Sincerely thank you!

