

# SHANGRI-LA SPA & ONSEN

THE BLOSSOM RESORT ISLAND

## FACIAL MASSAGE

THALGO - Heart of the Ocean Rituals

**THALGO - Source Marine Basic** 60mins 770K

This facial lastingly corrects the hydration level of dehydrated skin, deeply replenishes and restores the skin's velvety-smooth feel and original radiance

**THALGO Source Marine Intensive** 90mins 1070K

Intensive treatment with décolletage care

Cleansing → Scrub → Face-Decollete Treatment → Cream Pack + High Moisturizing Pack

## BODY • FACIAL COMBINATION

Total Serenity 90mins 1200K

A special course that combines body treatment and facial treatment.

<AROMA> Oil slowly relieves stress and tiredness, and Heart of the Ocean Rituals facial treatment leads to bright and transparent skin. This is a recommended course with full content that restores the mind, body, and skin.

## HEAD SPA MASSAGE

**Head Massage & Spa Treatment** 60mins 870K

A detoxifying shampoo & massage treatment of the head, scalp, neck and shoulders.

**Dry Head Massage** 30mins 470K

Head massage will leave you relaxed and rejuvenated. The treatment relieves tightness around the neck shoulders, and increases blood circulation.

## FACING UP BODY MASSAGE

Full-body body massage that you receive without lying face-down. The final massage is finished by lying face down for 10min.

**Body Massage** 60mins 650K

**Shiatsu Massage** 60mins 800K

## BODY MASSAGE

**Body Massage** 60mins 650K  
90mins 800K

This energetic massage rebalances inner energy. To the rhythm of intense techniques, rubbing, percussion movements and deep smoothing strokes, performed with a base of precious <AROMA> Oil, body and mind recover their essential vitality.

**Gentle Touch** 60mins 650K  
90mins 800K

Dream of serenity on a journey, to harmonise the body and calm the mind with gentle touch. Close your eyes and be swept away in a dream of serenity.

**Shiatsu Massage** 60mins 800K

This Japanese-style acupressure massage works on vital energy points to unblock and balance the body.

**Hot Stone Massage** 60mins 700K  
90mins 850K

This re-energising hot stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

## FOOT & HAND MASSAGE

**Foot Reflexology Massage** 30mins 400K  
60mins 650K

Relax and balance the body through stimulation of pressure points situated on the feet.

**Hand & Arm Massage** 30mins 400K

An area subject to everyday stress, your hands need comforting. All the expertise of our massage techniques - stroking, kneading, stretching.

## PARTIAL CARE MASSAGE

Choice of Oil / Non Oil

**Facing down Shoulder Massage** 30mins 400K

Shoulder, Neck & Head 60mins 650K

**Facing up Shoulder Massage**

Shoulder, Neck & Head

