

KIDS WELLNESS CLUB

ACTIVITIES

Activities Program is available in our Kids Wellness Club from **10:00 am** to **11:30 am**. Advance booking required (1 hour notice preferred).



- Wellness
10:00 - 10:30
- Vietnamese Class
10:30 - 11:00
- Art
11:00 - 11:30

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Superhero Yoga	Tai-Chi	Aerobic Dance	Calm Down Yoga	Tai-Chi	Zumba Dance	Animal Yoga
Numbers	Animals	Colors	Face	Family	Fruits	Introductions
Lantern Making	Flower Bouquets	Drawing Mandala	Paper Family House	Gift Card Creation	Mask Making	Recycle Crafts

TREATMENTS

Kids from 4 to 11 years old are entitled to 30 minutes wellness during their stay at TIA. Treatments for Kids are available in our Kids Wellness Club from **10:00 am** to **12:00 pm**.

Please combine 2 of the below options available from our Kids Wellness Menu:

- ### MASSAGE
- Hands** Hand massage with lotion. Make a wish at each finger!
 - Feet** Foot massage with lotion while you tell us happy stories!
 - Head** Let's mess up your hair and try our crazy hair massage, it's a lot of fun!



- ### BEAUTY
- Mani** Nail filing and pretty polish
 - Pedi** Nail filing and pretty polish
 - Hair Style** Special hairstyling plaits combined with ribbon and flowers



Please book your kid's treatment and activities in advance with Wellness Centre, subject to our availability.

If you require babysitting during any other periods, please do not hesitate to contact our Reception team to book babysitting services at VND 450.000 per hour for 1 kid.

Kids supervised treatments and activities are available on request in Kids Wellness Club during above time periods only.