

KAYUMANIS SPA JIMBARAN

Kayumanis Massage

1.5 hours

IDR 1.105.000++

This signature treatment is exclusive to Kayumanis and involves a unique combination of Balinese massage, lomi-lomi and therapeutic massage. It concentrates on the back of the body working from the toes up to the shoulders to improve flexibility, release soft tissue toxins and energy blockages and induce deep relaxation.

Relaxing Massage

1 hour

IDR 845.000++

1.5 hours

IDR 1.040.000++

2 Hours

IDR 1.170.000++

Inspired by the rejuvenating techniques of traditional Balinese massage, this treatment combines long strokes, skin rolling, and thumb & palm pressure. It aims to relieve tension, improve blood circulation, reduce anxiety and calm the mind.

Energy Massage

1 hour

IDR 845.000++

This firm and deep stroke massage treatment is performed using elbow pressure to restore depleted energy levels and release emotional tension. The sheer strength of this exclusive therapy helps relieve stress as well as muscular aches and pains.

Four Hand Massage

1.5 hours

IDR 1.560.000++

The sensation of being pampered by two massage therapists moving simultaneously in perfect harmony is a popular treatment at Kayumanis Spa. This technique of mirror movements involves balanced strokes and firm hand pressure to stimulate blood circulation and bring about sublime relaxation.



Herbal Compress Massage**1.5 hours****IDR 1.170.000++**

Selected indigenous herbs, which are commonly used in traditional medicine, are wrapped in a cotton compress. It is applied to the body and used to alleviate pain or inflammation by opening pores and relaxing the muscles with medicinal heat. This treatment also involves an aromatherapy foot bath and a body massage prior to the herbal compress.

Warm Stone Massage**1.5 hours****IDR 1.170.000++**

The healing properties of heated natural volcanic stones help to relax tight muscles and purge negative energy. This treatment has a soothing effect on emotions that result in feelings of renewal.

> Body Therapies

Kayumanis Body Therapies use products from the land and sea to polish and scrub away skin impurities that are a direct effect of modern living. Each treatment involves a soothing foot bath, an exfoliating body scrub and warm shower to rinse away the ingredients. An additional massage to your back, neck and shoulder areas with moisturizer will soften and hydrate the skin.

Celestial Dream**1 hour****IDR 845.000++**

An exfoliating body treatment using a combination of natural products such as sea salt and herbs to remove dead skin cells, stimulate blood circulation and nourish delicate skin.

Please choose one of the following products:

Lulur: softens, refines & rejuvenates skin

Cinnamon & Fresh Ginger: nourishes the skin & contains anti-aging properties

Fresh Coconut: for sensitive, sunburn or dry skin

Mineral Clay: exfoliates, moisturizes & reduces cellulite

Sea Salt: improves blood circulation & softens the skin



Kayumanis Facial

Refreshing Natural Facial

1 hour

IDR 845.000++

This reviving treatment focuses on the use of pure and natural ingredients known for their nourishing properties such as lemon, honey and fresh cucumber. A candlenut peel will eliminate impurities, while ripe avocado flesh penetrates the skin for a deep moisturizing effect.

Traditional Facial

1 hour

IDR 845.000++

This traditional facial combines fresh from the garden ingredients with seaweed and anti-aging Biokos products manufactured by Martha Tilaar, a company that celebrates Indonesia's natural healing and beauty heritage.

Kayumanis Package

Vibrant Recharge

1.5 hours

IDR 1.170.000++

This treatment is highly recommended immediately after a long journey to help you recover from jet lag and stiff muscles from being confined to a small space. It commences with a choice of Relaxing or Energy Massage therapies to release tension followed by a stimulating Foot Massage or a Refresher Facial to give the skin a youthful glow.

Aromatherapy Foot Bath > Relaxing or Energy Massage > Foot Massage or Refresher Facial

Relaxing Ritual

2 hours

IDR 1.625.000++

Experience the pleasure of overall indulgence with a nurturing treatment that pays attention to every part of the body. The ritual involves a therapeutic massage to optimize energy levels, while a body scrub will revive tired skin and stimulate circulation. A long soak in a bath ritual will excite the senses.

Aromatherapy Foot Bath > Relaxing or Energy Massage > Body Scrub > Bath Ritual

Kayumanis Karma

2 hours

IDR 1.625.000++

An enlivening treatment created to balance the body, mind and spirit. Feel your stress and tension melt away under the deep heat of natural volcanic stones applied to strategic energy points of the body. This is followed by a nourishing Kayumanis Facial of your choice.

Aromatherapy Foot Bath > Warm Stone Massage > Kayumanis Facial



Executive Revival

3 hours

IDR 2.145.000++

This masculine ritual encourages men to take some quality time out for self indulgence away from the pressures of the business world. All traces of executive stress quickly fade away with an Energy Massage to restore vitality and drive. A reviving facial restores youthful looks, while a pedicure attends to one of the most neglected areas of the male anatomy.

> Aromatherapy Foot Bath > Energy Massage > Traditional Facial > Foot Massage > Pedicure

Sweet Serenade

3 hours

IDR 2.275.000++

This pampering ritual for ladies takes a feminine approach towards health and beauty by eliminating cellulite with a mineral clay body scrub. Phase two of the treatment is a 20 minute volcanic mud body mask to draw out any impurities. It is followed by a choice of Relaxing or Energy Massage therapies for a calming effect on the body and mind. This head to toe indulgence concludes with a choice of Kayumanis Facial to enrich the skin.

> Aromatherapy Foot Bath > Mineral Clay Body Scrub > Mud Wrap > Relaxing or Energy Massage > Kayumanis Facial

Kayumanis Journey

3 hours

IDR 2.340.000++

A replenishing body and beauty ritual to restore depleted energy levels and leave the skin with a healthy glow. The journey begins with an aromatherapy foot bath and continued with a natural body scrub with a warming mixture of cinnamon, fresh grated of ginger, and a dash of arak. Next is a body wrap with a choice of bengkoang for whitening and cooling effect or ripe of avocado to nourish of dry skin followed by a leisure blend of warm oil to relieve muscle tension and create a feeling of deep relaxation. The pampering comes to an end with a nurturing face and head massage. A tasty light meal is served to seal the journey.

Aromatherapy Foot Bath > Cinnamon Body Scrub > Body Wrap > Full Body Massage > Light Meal

Signature Treatment

Chocolate Indulgence

3 hours

IDR 2.405.000++

This lavish three hour treatment was inspired by the delicious taste and therapeutic benefits of chocolate. It detoxifies the skin from harmful impurities, greatly enhances natural elasticity and thoroughly moisturizes for a radiant glow.

> Aromatherapy Foot Bath > Relaxing Massage > Chocolate Body Scrub > Rich Chocolate Body Wrap > Kayumanis Facial > Hot Chocolate Bath > Delicious Chocolate Beverage



***** All Prices are subject to 21% government tax & service charge *****