



A **ANNINA**

w e l l n e s s & s p a

Annina Wellness & SPA je mjesto na kojem možete doživjeti čisto holističko Wellness & Spa iskustvo koje kreira pozitivno stanje uma, opuštanje, zdravlje, sreću i vitalnost. Wellness kao zdravi koncept života u kombinaciji sa vodom (SPA - sanus per aquam) podstaći će vaše sposobnosti da bolje prihvatite izazove života i budućnost na nov opušteniji način.



ANNINA

w e l l n e s s & s p a

MASAŽA / MASSAGE

Masaža je proistekla iz jednog unutrašnjeg instikta kao reakcije na bol, a to je dodir. Najstarija je forma liječenja koja se spominje u svim starim kulturama. Brojni su pozitivni učinci masaže, od kojih izdvajamo sposobnost organizma da tokom masaže oslobađa endorfin, tako da, pored čokolade, je odlično sredstvo za borbu protiv stresa koji izaziva depresiju, bolove, slabost i nervozu.

KLASIČNA MASAŽA

Terapeutska masaža/
opuštajući efekat/ poboljšanje cirkulacije/
mirniji san 50 min/ 58 € 80 min / 92 €

ANTISTRESS MASAŽA LEĐA

Akcent na „zone stresa“/duboka masaža mišića/
otklanjanje bola..... 30 min / 37 €

AROMA MASAŽA

Nježni pokreti/aroma po izboru/duboka relaksacija
..... 50 min / 61 €

REFLEKSNA MASAŽA STOPALA

Uspostavljanje ravnoteže/ poboljšanje protoka
energije/stimulisanje rada unutrašnjih organa
..... 25 min/ 35 € 50 min/ 65 €

SPORTSKA MASAŽA

Pasivno istezanje/duboka masaža mišića i vezivnog
tkiva/relaksacija 60 min / 75€

KOMBINUJTE SAMI

Masaža leđa/masaža lica/refleksologija stopala/
masaža nogu..... 50 min / 58 €

First reaction to pain is touch. Massage is ancient healing procedure that has been mentioned in every culture. The benefits from massage are numerous. One of these is the ability to release endorphin, which is important for fighting against the stress that causes depression, pain, weakness and nervousness.

CLASSIC MASSAGE

Therapeutic massage/relaxing/
promotes blood circulation/tension relief
.....50 min/ 58 € 80 min / 92 €

ANTISTRESS BACK MASSAGE

Deep relaxation/ reduce tension/tailored to your
wellbeing/pain relief 30 min / 37 €

AROMATIC MASSAGE

Gently movements/ aromatic oil of your choice/
pleasantly nourishing 50 min / 61 €

FOOT REFLEXOLOGY MASSAGE

Balancing / increase energy flow/improve immune
system 25 min/ 35 € 50 min/ 65 €

SPORTS MASSAGE

Passive stretching/deep relaxation of muscle and soft
tissue/ therapeutic after
sports activities 60 min / 75 €

RELAX AND MOVE

Combine two partial massage/Back massage/ face
massage/reflexology/leg massage 50 min / 58 €

TRETMANI LICA / FACIAL TREATMENTS

Savremen način života, neadekvatna ishrana, zagađenje, negativno utiču na cijelo tijelo, a na koži lica su ti uticaji najvidljiviji. Pravilnom negom, održavanjem vlažnosti, čistoće, elastičnosti najmanje je što možete učiniti za svoje lice, a efekat je zapanjujući.

INVISIBLE AGING

Intezivno poboljšanje elastičnosti/popunjavanje bora/ poboljšanje produkcije kolagena/ ujednačena tekstura kože/ zatezanje kože vrata 90 min/ 98 €

SPRING WATER

Intezivna hidratacija/relaksirajući / osvježavajuće/pogodno za sve tipove kože 50 min/ 65 €

DEEP FRESHNESS

Detox tretman/ dubinsko čišćenje/sjaj/svježina/ blistavost 60 min/ 68 €

AFTER SUN FACIAL

Umirujuć/efekat hlađenja/pogodan tokom i poslije sunčanja 30 min / 35 €

ONLY FOR HIM

Tretman lica/masaža lica, vrat, ramena/hidrira/ obnavlja kožu/podmlađuje 60 min / 65 €

Morden lifestyle, inappropriate diet, pollution... Negatively affects the whole body. Consequences are most visible on the face skin. Proper care, hydration, deep cleansing, nourishing is at least you can do for your face, and the effect will stunning you.

INVISIBLE AGING

Wrinkle correction/face and neck lifting/supplies collagen/tonifying effect..... 90 min/ 98 €

SPRING WATER

Plumping moisturising treatment/ intensive hydration/ filling and nourishing / all skin type 50 min/ 65 €

DEEP FRESHNESS

Detox treatment/ deep cleansing/ radiance/freshness/glow 60 min/ 68 €

AFTER SUN FACIAL

Calming/ cooling/ for reddened and irritated skin 30 min / 35 €

ONLY FOR HIM

Facial for man/ face, neck and shoulder massage/ hydration, moisturises and combats skin ageing..... 60 min / 65 €

TRETMANI TIJELA / BODY TREATMENTS

Kao što su oči ogledalo duše tako je koža ogledalo naših emocija. Stres se jasno odražava na koži jer nakon stresnih situacija često dolazi do osipa, iritacije, pojačanje suvoće i pucanja kože. Ali u trenucima koji su ispunjeni harmonijom, srećom, ljubavlju koža postaje zdrava, blistava i mladalačka. Brinete o svojoj koži čuvajući njenu elastičnost, vlažnost, čvrstoću, da bi čuvala i ona vas.

MARINE BODY SCRUB

Piling tijela/kristali morske soli/nježna i meka koža 30 min / 35 €

SEA MUD BODY WRAP

Pakovanje za tijelo/termoefekat/relaksacija/opuštanje/poboljšanje pokretljivosti30 min/40 €

AFTER SUN BODY

Umirujuće pakovanje/svježha koža/hidrira i revitalizuje..... 40 min / 50 €

INTENSIVE SLIMMING TREATMENT

Anticelulit tretman/oblikuje/učvršćuje/hidrira/drenira 75 min / 90 €

SEA GARDEN BODY TREATMENT

Rebalansirajući / duboka hidratacija i mineralizacija/ekskluzivan tretman za potpunu relaksaciju..... 100 min / 123 €

In your eyes you see your soul, and your emotions are visible on your skin.

Stress is clearly reflected on the skin. Any stressful situation leaves marks on the skin such as irritation, rashnes, dryness and small cracking sometimes unvisible.

In the moments that are fulfilled with harmony, happiness and love our skin is healthy, bright and youthful. Take care of your skin by promoting its elasticity, moisture, strenght, and your skin will take care of you.

MARINE BODY SCRUB

Body scrub/sea salt crystal soft and gently skin..... 30 min / 35 €

SEA MUD BODY WRAP

Marine body wrap/light warming effect/relaxing/increase flexibility30 min/40 €

AFTER SUN BODY

Body wrap/cooling and soothing effect/for reddened and irritating skin ... 40 min / 50 €

INTENSIVE SLIMMING TREATMENT

Sliming ritual/contouring/wrap/firming/lymphatic stimulation/body hydration 75 min / 90 €

SEA GARDEN BODY TREATMENT

Rebalancing/ deeply nourishing and mineralizing/complete treatment for maximum relaxation 100 min / 123 €

ANNINA SIGNATURE TREATMENTS

MASLINOVO ULJE

Na mediteranu je uvijek smatrano darom bogova. U starom vijeku je korišćeno za njegu kože i liječenje rana. Maslinovo ulje je bogato vitaminima, mineralima i prirodnim masnim kiselinama. Pomaže koži da održi mladalački izgled, hidrira, održava elastičnost i mekoću. Nezamjenljiv je sastojak proizvoda za njegu kože.

ANNINA RITUAL MASSAGE

Balans/ravnoteža/harmonija/
kombinacija istočnjačke i zapadnjačke
tehnike masaže/čaj/voće 90 min / 121 €

ANNINA MAGIC MOMENTS

Tretman za dvoje/ritualni tretman lica i tijela/
relaksacija u slanoj sobi
uz pjenušac i voće 90 min / 230 €

OLIVE OIL

A gift of gods. In ancient age it was used for skin care and healing the wounds. Rich in vitamins, minerals and natural fatty acid, and keeping skin hydrates, elastic and soft, olive oil is indispensable ingredient for the skin care.

ANNINA RITUAL MASSAGE

Balance/harmony/ combine of west
and east/massage technique /
tea/fruits..... 90 min / 121 €

ANNINA MAGIC MOMENTS

For two/face and body ritual/ halotherapy/
sparkling wine and fruits 90 min / 230 €





DJEČIJI KUTAK / KIDS CORNER

ANNINA MASAŽA ZA DJECU

Blaga masaža sa uljima pogodnim za dječiju kožu
..... 25 min / 25 €

ANNINA KUTAK LJEPOTE

Manikir/pedikir..... 15 min/ 15 €

ANNINA PILING TIJELA

Blagi piling sa sitnom morskou solju
i đumbirom..... 20 min/20 €

ANNINA KIDS MASSAGE

Gently massage with soft oil suitable for kids
..... 25 min / 25 €

ANNINA KIDS' BEAUTY CORNER

Manicure/pedicure 15 min/ 15 €

ANNINA KIDS BODY SCRUB

Gently scrub with soft sea crystals
and ginger 20 min/20 €



SPA WELLBEING

Bazen dnevna karta	15 €	Swimming pool daily card	15 €
Bazen mjesečna karta	80 €	Swimming pool monthly card	80 €
Teretana dnevna karta	10 €	Gym daily card	10 €
Teretana mjesečna karta	60 €	Gym monthly card	60 €
Saune dnevna karta	15 €	Sauna daily card	15 €
Saune mjesečna	100 €	Sauna monthly card	100 €
Slana soba - haloterapija	20 min 15 €	Salt cave - halotherapy	20 min 15 €
Slana soba - haloterapija	30 min 20 €	Salt cave - halotherapy	30 min 20 €
Spa dnevna karta (korišćenje bazena, sauna, parno kupatilo, teretane, tuševi)	25 €	Spa daily card (swimming pool, gym, sauna, steam bath, shower of sensation)	25 €
ANNINA "Spa romance" dnevna karta za par (bazen, sauna, parno kupatilo, teretana, tuševi doživljaja i antistress masaža 30')	110 €	ANNINA "Spa romance" daily card for two (swimming pool, gym, sauna, steam bath, shower of sensation, and antistress massage 30')	110 €
Spa mjesečna karta "CLASSIC"	140 €	Spa monthly card "CLASSIC"	140 €
Spa šestomjesečna karta "GOLD"	700€	Spa month card "GOLD"	700€
Spa godišnja karta "PLATINUM"	1200€	Spa yearly "PLATINUM"	1200€



KOZMETIČKI FRIZERSKI SALON / BEAUTICIAN HAIRDRESSER

Manikir	30 €
Manikir sa lakiranjem	35 €
Pedikir	35 €
Pedikir sa lakiranjem	45 €
Skidanje trajnog laka/gela	30 €

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Šišanje - kratka kosa	20 €
Srednja dužina	25 €
Duga kosa	30 €
Pramenovi do dvije boje - kratka kosa	80 €
Srednja dužina	100 €
Duga kosa	120 €
Dodatna boja	20 €
Feniranje - kratka kosa	20 €
Srednja dužina	25 €
Duga kosa	30 €
Farbanje (naša boja)	25 €
Farbanje (vaša boja)	15 €
Minival - kratka kosa	80 €
Srednja dužina	100 €
Duga kosa	120 €
Botox za kosu	100 €
Spa pakovanje	65 €
Svečane frizure	50 €

Manicure	30 €
Manicure with polish	35 €
Pedicure	35 €
Pedicure with polish	45 €
Permanent nail polish removing	30 €

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Hair cut - short layer	20 €
Middle layer	25 €
Long layer	30 €
Highlights of hair two colors - short layer	80 €
Middle layer	100 €
Long layer	120 €
Additional colors	20 €
Blow dry - short layer	20 €
Middle layer	25 €
Long layer	30 €
Permanent - short layer	80 €
Middle layer	100 €
Long layer	120 €
Colouring (salons hair dye)	25 €
Colouring (your hair dye)	15 €
Spa treatment	65 €
Botox treatment	100 €
Formal hairstyle	50 €



SPA ETIKETA

- Molimo Vas da dodjete 10 minuta prije zakazanog termina.
- Ako ste u mogućnosti, molimo Vas da na tretman dođete u bademantilu.
- Molimo Vas da sa nama podjelite informaciju ukoliko imate nekih zdravstvenih problema.
- Ako ste trudni, molimo Vas da se konsultujete sa svojim ljekarom ukoliko želite da koristite Wellness&Spa.
- Savjetujemo Vas da svoj nakit i stvari od vrijednosti ostavite u sefu u sobi.
- Osoblje ne snosi odgovornost za gubitak stvari.
- Ukoliko odustajete od zakazanog tretmana molimo Vas da nam javite do 16 h dan ranije.
- Tretman koji nije otkazan na vrijeme biće naplaćen u punom iznosu.
- Budite obzirni prema drugim gostima koji su došli da se opuste u miru i tišini i ne koristite mobilne telefone.
- Vrijeme vašeg tretmana počinje od trenutka kada vas terapeut/kinja uvede u sobu i traje do trenutka kada Vas isprati do recepcije. Svako kašnjenje skraćuje trajanje tretmana.
- Sve tretmane i usluge Wellness & Spa koristite na sopstvenu odgovornost.
- Djeci mlađoj od 14 godina nije dozvoljeno korišćenje teretane.
- Djeca od 14 do 18 godina mogu koristiti teretanu i saune isključivo u pratnji roditelja/staratelja, na sopstvenu odgovornost.

Hvala na razumijevanju,

ANNINA
wellness & spa

AMI
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SPA ETIQUETTE

- Please arrive 10 minutes before your appointment.
- Attend the treatment dressed in your bathrobe.
- Please inform us in advance of any health concerns, illnesses or allergic reaction. Consult your physician if you are pregnant.
- It is best to keep your jewels and valuables in the room.
- The Annina wellness & spa is not responsible for lost things.
- Cancel appointment by 4.00 p.m. the day before to avoid fees.
- Be considerate of guests seeking peace and quiet and respect the cell phone ban.
- Treatment time is time from the moment you are picked up at the spa desk until the therapist says goodbye. The delay will affect to the treatment time.
- All services are used on your own responsibility.
- Children under 14 years old are not allowed to use gym.
- Children at the age of 14-18 accompanied by parents can use gym and saunas.

Thank you for understanding.
Enjoy!

ANNINA
wellness & spa

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HVALA / THANK YOU

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