

# Philosophy

Let the true sensations of Seychelles sweep across mind and body with our line-up of soothing treatments using only natural locally sourced ingredients.

All of our scrubs, masks and wraps start from a base of cold-pressed virgin coconut oil, produced right here in the Seychelles. We then add a wide range of locally cultivated herbs, spices and extracts for each product: from cinnamon and vanilla to indigenous lemon and eucalyptus.

This allows each treatment to be imparted with a unique signature scent native to our Islands, complemented by carefully selected pairings of essential oils.

Whether you wish to rejuvenate after your travels, energize your body for a fun day ahead or recover from a long afternoon in the sun our spa treatments present the perfect opportunity to allow your senses to be enveloped by the natural elements of the Seychelles.

# Hair treatments

Each hair treatment starts with a relaxing head massage, and a natural conditioner is applied upon the treatment's completion.

**30 minutes** – Scr 1,250

## Diamond Hair Treatment

Nourishing and fortifying treatment that can be used on all hair types. Leaves hair conditioned with a silky glow.

## Fibreforce

Repairing and regenerating treatment best for damaged hair. Hair will feel soft and luscious.

# Massage

Choose your preferred massage based on the selection below. Each massage treatment is available in a 60 or 90 minutes session. Back, neck & scalp massage available for 30 minutes.

**30 Minutes:** Scr 1,250  
**90 Minutes:** Scr 3,100

**60 Minutes:** Scr 2,375

## Relaxation

Best for well-being and serenity. The 'Relaxation' calms and balances the nervous system whilst moderating stress and anxiety.

## Island Bliss

Mango / Fruit de la passion / Frangipani

Great for nourishing the skin with anti-oxidant properties and assists in the prevention of cutaneous signs of aging. Protects the skin from damaging effects of the sea, sun and pollution.

## Muscle Relief

A massage to relieve muscle and inflammatory pain. The blend of essential oils works as a powerful analgesic with anti-inflammatory properties, which helps to alleviate pain.

## Detox

This detoxifying treatment stimulates and strengthens the circulatory system, fights cellulite and boosts lymphatic drainage.

**All massages are available as couple treatments and subject to availability. All prices quoted are inclusive of taxes and service charges.**

# Hands and feet

## Traditional Manicure

A full treatment for the hands, including cleaning, cuticle work, scrub massage and nail polish application

**Scr 1,300**

## Traditional Pedicure

A full treatment for the feet, including cleaning, cuticle work, scrub massage and nail polish application.

**Scr 1,300**

## Express Manicure / Express Pedicure

A quick treatment to refresh the nails; filing, buffing and nail polish application

**Scr 925**

sens  
SPA

Denis  
PRIVATE ISLAND  
SEYCHELLES

# Signature Treatments

## Sens Spa Signature Treatment

A complete spa treatment starts off with a scrub followed by a wrap based on your skins needs. During the wrap a hair treatment of your choice is done. We proceed with a full body massage of 1 hour and complete the treatment with a facial best suited to your skin.

**180 minutes** - Scr 6,700

## "Aftersun" Signature Treatment

After a fulfilling day in the sun the skin can have an unexpected redness. This complete after sun treatment is ideal for just that. We start with an after sun wrap followed with a massage and complete the treatment with an after sun facial.

**2 Hours** - Scr 5,850

## Denis Private Island Absolute Spa Ritual \* (Denis signature treatment)

Full body scrub/body brushing  
Full body wrap  
Hair treatment  
Full body massage

**150 minutes** - Scr 5,850

## Pregnancy Massage

A therapeutic bodywork that focuses on the special needs of a new mother-to-be as her body goes through drastic changes, enhancing the function of your muscles and joints while improving circulation using non-scented oil for the safety of your baby.

**60 minutes** - Scr 2,375

## Reflexology

A treatment that is used to relieve tension, treat illnesses based on pressure points of the feet, which is linked to every part of the body.

**60 minutes** - Scr 1,725

## Gel soak-off (with manicure)

**30 minutes** - Scr 250

## Nourishing facial

Especially great for the humidity of the island, this treatment will add nutrients and replenish your oil level within the skin. It will leave your skin feeling richer. Recommended for a dry skin

**60 minutes** - Scr 1,725

## Energizing facial

Working on a dull skin tone, products used are based on your skin type while massage movements are fast and rhythmic to increase the circulation and getting the life back to your skin.

**60 minutes** - Scr 2,375

## Deep cleansing facial

Using products suitable to your skin type, a vigorous scrub to desquamate the skin and extraction, if necessary, leaving your skin feeling soft, clean and new.

**60 minutes** - Scr 2,375



**SPOIL US** by Sens Spa  
A range of treatments for our precious ones, suited for those aged 4 to 12 years.

- Fairy fingers (manicure) – (30min) (Scr 350)
- Twinkle Toes (pedicure) – (45min) (Scr 350)
- Pamper Me Massage – (30min) (Scr 425)

All treatments available as  
**Mum or Dad & Me** packages

# Scrubs

Gently exfoliates to remove dead skin to regenerate and oxygenate skin. A full body scrub followed by a moisturizing oil application to hydrate.

**60 minutes** – Scr 2,375

## Coconut

With hydrating and anti-ageing properties this scrub will leave your skin feeling soft.

## Island Bliss

Rich in anti-oxidants, this scrub protects the skin from damaging effects of the sea, sun and pollution.

For best results follow with an Island Bliss Massage.

## Refresh

This scrub boosts the circulatory and lymphatic system.

For best results follow with a detox massage.

# Wraps

The body is wrapped in a luxurious green clay and plant extract wrap, during which a relaxing hair massage is done. Treatment is completed with an application of nourishing oil.

**60 minutes** – Scr 2,375

## Nourishing

Perfect for dry skin, this wrap is hydrating and moisturizing, leaving the skin feeling renewed.

## Purifying

Ideal for all skin types, this wrap is perfect to absorb excess sebum, leaving the skin feeling purified.



## HEALTH CONCERNS

Please advise us of any health conditions, allergies or injuries that could affect your treatments or use of the spa facilities.

## TIMINGS

To make the most of your spa experience and support the benefits of your treatment, we recommend that you arrive at least 15 minutes before your scheduled time.

## MINIMUM AGE

The Minimum Age for Spa treatments is 16 years.

## RESERVATIONS

Advanced booking is highly recommended to ensure preferred times are available, particularly if you choose to enjoy multiple bookings during your stay.

## LATENESS & CANCELLATION POLICY

Please be aware that your late arrival may result in a reduction of treatment time as a courtesy to our next guest. We kindly ask our guests to give a minimum of four hours notice for cancellations. With fewer than four hours notice you will be charged for 100% of your treatment. If appointments are reserved before arrival at the hotel, the spa cancellation policy follows that of your hotel reservation.