

# SOLE MIO CLINIC



Following the successful completion of any one of our programmes and depending on compliance with better ageing practices, guests can experience a renewed sense of well-being. Adherence to better ageing practices following the completion of a treatment program will determine the sustainability of the results achieved at Sole Mio's wellness centre.



## COSMETOLOGY

Expert practitioners offer specialized hair removal, facial treatments, injection therapies, face-lifting, and peels, focusing on advanced beauty care.



## BODY SCULPTING

Our Body Sculpting program includes LPG Massage, RF Lifting, and Vibration Massages, designed to achieve guests' aesthetic and wellness aspirations.



## PHYSIOTHERAPY

Sole Mio is proudly Phuket's very first clinic to offer Redcord and Huber treatments, alongside ultrasound and massages for comprehensive injury recovery.



## WELLNESS

Featuring holistic wellbeing packages and individual treatments like De-Stress, Detox, Recovery, IV Drips, and Hyperbaric Oxygenation for customized wellness experiences.



## RELAXATION

Discover tranquility with our Thai, Belly, and deep tissue massages, designed for inner peace, digestive health, and tension release in a serene ambiance.

2nd Floor, Sole Mio Boutique Hotel & Wellness  
32 Moo 5, Cherngtalay, Thalang, Phuket 83110 Thailand  
Email : [clinic-reception@solemiophuket.com](mailto:clinic-reception@solemiophuket.com)  
Website : [www.solemiophukethotel.com/wellbeing](http://www.solemiophukethotel.com/wellbeing)  
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# WELLBEING PROGRAMS

Package	3 days	7 days	10 days	14 days
Weekend	✓	-	-	-
Wellness	-	✓	✓	✓
Body Shape	-	✓	✓	✓
Sport	-	✓	✓	✓
Women Health	-	✓	✓	✓
Destress / Relax	-	✓	✓	✓
Detox	-	✓	✓	✓
Rehab	-	✓	✓	✓

## Program Privillage

Explore our selection of bespoke Detox & Better Aging Clinic programs. Our team of doctors, nurses, therapists, and coaches are always available to help you on your journey to better health.

### INCLUSION

- 3D Body Scanner
- Doctor Consultation
- Medical Device Treatments
- Relaxation Massages
- Exercise Classes
- Breathing Classes
- Dietary Supplements

### OPTIONAL

- Physiotherapists
- IV Therapies
- Nutritional Plan



## Other Facilities

- Swimming Pool
- Gym
- Steam Room
- Suana
- Ice Rom
- Group Class Studio
- Yoga Studio



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